

# Grandma's Feather Bed

Count: 64

Wand: 4

Ebene:

Choreograf/in: Lois Sturgeon (AUS)

Musik: Grandma's Feather Bed - John Denver



## 2 KNEE HITCH & SLAP, CROSS, BACK, JUMP RIGHT SIDE, HOLD

- 1-2 Tap right heel at 45 degrees right, hitch right knee at 45 degrees right slapping right knee with right hand
- 3-4 Tap right heel at 45 degrees right, hitch right knee at 45 degrees right slapping right knee with right hand
- 5-8 Step right across left, step left back, jump both feet to right, hold

## LEFT SIDE STEP, RIGHT SIDE STEP, LEFT STEP TO CENTER, RIGHT STEP TO CENTER, LEFT TO LEFT, RIGHT TO RIGHT, KNEE BUMP

- 1-4 Moving forward-step left to left side, step right to right side, step left to center, step right to center
- 5-6 Step left to left side with left hand on left knee, step right to right side with right hand on right knee
- 7 Bump knees together (legs bent) swooping left hand to right knee, right hand to right knee
- 8 Knees apart returning left hand to left knee, right hand to right knee

## BUMP FORWARD & BACK, LEFT HEEL HITCH, JUMP FORWARD & BACK, RIGHT HEEL HITCH

- 1-2 Jump forward on both feet bringing feet together, jump back on both feet
- 3-4 Tap left heel at 45 degrees left, jumping forward on right, hitch left knee jumping back on right
- 5-6 Jump forward on both feet bringing feet together, jump back on both feet
- 7-8 Tap right heel at 45 degrees right, jumping forward on left, hitch right knee jumping back on left

## MOVING TO LEFT, RIGHT TOE ACROSS, LEFT TO LEFT, RIGHT HEEL ACROSS, LEFT TO LEFT, STEP RIGHT ACROSS, KICK LEFT DOUBLE CLAP

- 1-2 Step on toe of right across in front of left, step left to left side
- 3-4 Step on heel of right across in front of left, step left to left side
- 5-6 Step right (foot flat) across in front of left, hold 1 beat
- 7-8 Swing/kick left foot to left side clapping once, hold 1 beat clapping once

## LEFT ACROSS RIGHT BENDING KNEES, STRAIGHTEN, BEND STRAIGHTEN, RIGHT TO RIGHT, LEFT TO LEFT, RIGHT FORWARD, HOLD

- 1 Step left across right bending both knees & pushing hands down in front
- 2 Straighten knees pulling hands up (elbows bent out to sides)
- 3-4 Bend both knees pushing hands down in front, straighten knees pulling hands up (elbows out sides)
- 5-8 Step right to right side, step left to left side, step right forward, hold

## LEFT BACK WITH RIGHT HEEL, HOLD, SCOOT FORWARD TWICE ON LEFT, RIGHT HEEL STRUT TURNING ¼ LEFT, LEFT HEEL STRUT FORWARD

- 1-4 Jump left back tapping right heel in place, hold, scoot forward on left twice hitching right knee
- 5-8 Right heel strut turning ¼ left as you step down on right toe, left heel strut forward

## JUMP, RIGHT HEEL 45, JUMP, LEFT HEEL 45, JUMP, RIGHT HEEL 45, HOLD

- 1-2 Jump in place with feet together, jump right in place with left heel at 45 degrees left
- 3-4 Jump in place with feet together, jump left in place with right heel at 45 degrees right
- 5-6 Jump in place with feet together, jump right in place with left heel at 45 degrees left

7-8                    Jump in place with feet together, hold

**STOMP RIGHT, HOLD, CLAP TWICE, STOMP LEFT, HOLD, CLAP TWICE**

1-4                    Stomp right forward at 45 degrees right, hold, clap twice

5-8                    Stomp left forward at 45 degrees left, hold, clap twice

**REPEAT**

**TAG**

After 4 complete walls there is a 20 beat instrumental break where the following tag is danced & then the dance continues as above

**MOVING TO LEFT, RIGHT TOE ACROSS, LEFT TO LEFT, RIGHT HEEL ACROSS, LEFT TO LEFT, STEP RIGHT ACROSS, KICK LEFT DOUBLE CLAP**

1-2                    Step on toe of right across in front of left, step left to left side

3-4                    Step on heel of right across in front of left, step left to left side

5-6                    Step right (foot flat) across in front of left, hold 1 beat

7-8                    Swing/kick left foot to left side clapping once, hold 1 beat clapping once (or more difficult option; replace last 2 beats with heel clicks to left)

**MOVING TO RIGHT, LEFT TOE ACROSS, RIGHT TO RIGHT, LEFT HEEL ACROSS, RIGHT TO RIGHT, STEP LEFT ACROSS, KICK RIGHT DOUBLE CLAP**

1-2                    Step on toe of left across in front of right, step right to right side

3-4                    Step on heel of left across in front of right, step right to right side

5-6                    Step left (foot flat) across in front of right, hold 1 beat

7-8                    Swing/kick right foot to right side clapping once hold 1 beat clapping once (or more difficult option; replace last 2 beats with heel clicks to right)

**RIGHT ACROSS LEFT BENDING KNEES, STRAIGHTEN, BEND, STRAIGHTEN**

1                      Step right across left bending both knees & pushing hands down in front

2                      Straighten knees pulling hands up (elbows bent out to sides)

3                      Bend both knees & push hands down in front

4                      Straighten knees pulling hands up (elbows bent out to sides)

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