Gotta Stay Alive



Count: 32 Wand: 1 Ebene: Improver

Choreograf/in: Rebecca Unger

Musik: One Love - Blue



JUMPS X3, TOE, HEEL, STEP, ROCK FORWARD AND BACK, TRIPLE STEP TURN

1&2 Leaving left foot in the same place, jump with right foot out to right side, jump with right

further in (shoulder width), jump with right next to left

Touch right toe next to left with right knee bending inwards, touch right heel out to right side

at 45 degrees, step down on right

5&6 Step left forward, replace weight onto right, step left back

7&8 Triple step 3/4 turn right stepping right, left, right

STEP, TOUCH, STEP LOCK STEP, ROCK BACK, FORWARD, LEFT TWINKLE

1-2 Step left forward on diagonal left, touch right next to left

3&4 Step lock step back on right diagonal (right back, cross left over right, right back)

5-6 Straightening up, rock left back, then replace weight on right 7&8 Left twinkle (left over right, right to right side, left to left side)

STEP, TURN, TURN, SIDE AND CROSS, ROCK AND ROCK AND, STEP, SCOOT

1&2 Step forward on right, replace weight on left turning ¼ right, turn a further ¼ right stepping

right forward

Step left forward, pivot ¼ right replacing weight on right, cross left over right Step right forward, rock back on left, step right back, rock forward on left

7-8 Step right forward, scoot forward on right hooking left

STEP, TOGETHER, TRIPLE STEP TURN, PIVOT TURN, RUN FORWARD

1-2 Step left forward, step right next to left

3&4 Full turn triple step left stepping left, right, left moving slightly forward

5-6 Step right forward, pivot ½ left replacing weight on left

7&8 Run forward right, left, right

REPEAT

TAG

There is an 8 count tag after walls 3 and 6. It is exactly the same as the first eight counts of the dance apart from the triple step ¾ turn right, becomes a triple step FULL turn right. After the tag, begin the dance again