

Heartbeat Rock

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Val Myers (UK)

Musik: Heartbeat - Buddy Holly



FORWARD COASTER, HOLD, LEFT BACK LOCK STEP, HITCH

- 1-4 Step forward right, step left beside right, step back right, hold
5-8 Step back left, lock right across left, step back left, hitch

TRIPLE ¾ TURN RIGHT, HOLD, CROSS, SIDE, BEHIND, HOLD

- 1-4 Triple ¾ turn right, stepping - right, left, right, hold
5-8 Cross left over right, step right to right side, cross left behind right, hold

BEHIND, SIDE, CROSS, HOLD, BACK COASTER, HOLD

- 1-4 Step right behind left (with a slight sweep), step left to side, cross right over left, hold
5-8 Step back left, step right beside left, step forward left, hold

RIGHT SCISSOR STEP, HOLD, LEFT SCISSOR STEP WITH ¼ RIGHT, HOLD

- 1-4 Step right to right side, step left beside right, cross right over left, hold
5-8 Step left to left side, step right beside left turning ¼ right, cross left over right, hold

RIGHT LOCK STEP, ¼ TURN LEFT WITH HOOK, LEFT LOCK STEP, SCUFF

- 1-4 Step forward right, lock left behind right, step forward right, turn ¼ left on ball of right and hook left foot across right shin
5-8 Step forward left, lock right behind left, step forward left, scuff right forward

CROSS HEEL STRUT, BACK TOE STRUT, SIDE TOE STRUT, CROSS HEEL STRUT

- 1-2 Cross right heel forward over left, drop right toe taking weight & click right fingers
3-4 Step left toe back, drop left heel taking weight and click left fingers
5-6 Step right toe to right side, drop right heel taking weight and click right fingers
7-8 Cross left heel forward over right, drop left toe taking weight and click left fingers

BACK TOE STRUT, SIDE TOE STRUT, STEP, ½ PIVOT LEFT, STEP, HOLD

- 1-2 Step right toe back, drop right heel taking weight and click right fingers
3-4 Step left toe to left side, drop left heel taking weight and click left fingers
5-8 Step forward right, pivot ½ turn left, step forward right, hold

STEP, HITCH, STEP BACK, HITCH, BACK COASTER, HOLD

- 1-2 Step forward left, hitch right
3-4 Step back right, hitch left
5-8 Step back left, step right beside left, step forward left, hold

REPEAT
