

# Heartbeat

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Phil Johnson (UK)

Musik: Heartbeat - Bobby Vee



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## GRAPEVINE RIGHT AND LEFT

- 1-4 Step right to right side, step left behind right; step right to right side, touch left toe next to right  
5-8 Step left to left side, step right behind left; step left to left side, touch right toe next to left

## RIGHT AND LEFT SHUFFLES TWICE DOING A FULL TURN RIGHT

- 9&10 (At an angle of 45 degrees to right) step forward on right, step left beside right, step forward on right  
11&12 (Starting to do a full turn right) step forward on left, step right beside left, step forward on left  
13&14 (Still turning right) step forward on right, step left beside right, step forward on right  
15&16 (Completing full turn right to end where you started) step forward on left, step right beside left, step forward on left

## HEEL SWITCHES AND TOE SWITCHES

- 17&18 Point right toe to right side, step on right next to left, point left toe to left side  
&19&20 Step on left next to right, dig right heel forward, step on right next to left, dig left heel forward  
&21&22 Step on left next to right, point right toe to right side, step on right next to left, point left toe to left side  
&23&24 Step on left next to right, dig right heel forward, step on right next to left, dig left heel forward

## & FORWARD RIGHT AND LEFT SHUFFLES

- & Step on left next to right  
25&26 Step forward on right, step left next to right, step forward on right  
27&28 Step forward on left, step right next to left, step forward on left

## PADDLE TURN ¼ TURN LEFT

- 29-30 Step forward on right, 1/8 turn left transferring weight to left  
31-32 Step forward on right, 1/8 turn left transferring weight to left

## REPEAT

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