

Heartaches By The Number

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Teresa Lawrence (UK) & Vera Fisher (UK)

Musik: Heartaches By The Number - The Deans



CHASSE ROCK BACK REPLACE, SIDE TOE STRUTS

- 1&2 Step right to right side, bring left next to right, step right to right side
- 3-4 Rock left back behind right, replace weight onto right
- 5-8 Left toe strut to left side, cross right over left toe strut

CHASSE ROCK BACK REPLACE ¼ TURN, FORWARD TOE STRUTS

- 1&2 Step left to left side, bring right next to left, turning ¼ right step back on left
- 3-4 Rock back on right, replace weight onto left
- 5-8 Toe strut forward on right, toe strut forward on left

FORWARD ROCK REPLACE, COASTER TWICE

- 1-2 Rock forward on right, replace weight onto left
- 3&4 Back coaster step on right
- 5-6 Rock forward on left, replace weight onto right
- 7&8 Back coaster step on left

FOUR ¼ TURNING PIVOTS WITH HIP SWINGS

- 1-2 Step forward on right, pivot ¼ turn left
- 3-4 Step forward on right, pivot ¼ turn left
- 5-6 Step forward on right, pivot ¼ turn left
- 7-8 Step forward on right, pivot ¼ turn left (completing a whole turn left)

On turns try swinging hips right while stepping forward on right then swing hips left while turning and replacing weight onto left

CROSS ROCK REPLACE CHASSE, CROSS ROCK REPLACE CHASSE ¼ TURN

- 1-2 Cross rock right over left, replace weight onto left
- 3&4 Chasse right to right side
- 5-6 Cross rock left over right, replace weight onto right
- 7&8 Chasse left to left side finishing with ¼ turn left

SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, ROCK FORWARD REPLACE COASTER

- 1&2 Shuffle forward right
- 3&4 Shuffle forward left
- 5-6 Rock forward on right, replace weight onto left
- 7&8 Back coaster step on right

KICK FORWARD SIDE SAILOR, KICK FORWARD SIDE SAILOR ¼ TURN RIGHT

- 1-2 Kick forward on left, kick left to left side
- 3&4 Left sailor step
- 5-6 Kick forward on right, kick right to right side
- 7&8 Right sailor turning ¼ right

STEP HOLD, ¼ TURN HOLD, ROCK FORWARD REPLACE ¾ TRIPLE TURN LEFT

- 1-2 Step forward on left, hold
- 3-4 Turning ¼ right step forward on right, hold
- 5-6 Rock forward on left, replace weight onto right
- 7&8 Turning ¾ left over left shoulder triple step left, right, left

REPEAT
