

# Heartache Is Over

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Stephen Sunter (UK)

Musik: When the Heartache Is Over - Tina Turner



## SKATE, SKATE, SIDE SHUFFLE, SKATE, SKATE, SIDE SHUFFLE

- 1-2 Skate right, skate left
- 3&4 Side shuffle right on - right, left, right
- 5-6 Skate left, skate right
- 7&8 Side shuffle with a  $\frac{1}{4}$  turn left on - left, right, left

## STEP, PIVOT $\frac{3}{4}$ , SIDE STEP, STEP BEHIND, POINT FULL TURN, POINT, TOUCH

- 9-10 Step forward right, pivot  $\frac{3}{4}$  turn left
- 11-12 Step right to side, step left behind right
- 13-14 Point right to right side, full turn on ball of left foot and step right next to left
- 15-16 Point left to left side, touch left next to right

## LEFT, TURN $\frac{1}{4}$ POINT, TURN $\frac{1}{4}$ STEP, TURN $\frac{1}{2}$ POINT BACK, STEP, TURN $\frac{1}{2}$ TOUCH FORWARD, WALK BACK

- 17-18 Step forward left, make a  $\frac{1}{4}$  turn left and touch right to side
- 19-20 Make a  $\frac{1}{4}$  turn right and step forward right, make  $\frac{1}{2}$  turn right and touch left toe back and push hip back
- 21-22 Step down onto left foot, make  $\frac{1}{2}$  turn right and touch right toe forward and push hip forward
- 23-24 Walk back right, left

## RIGHT COASTER STEP, SIDE ROCK $\frac{1}{4}$ TURN, ONE & HALF PADDLE TURNS

- 25&26 Step back right, step left next to right, step forward right
- 27-28 Rock out to left on left foot, make a  $\frac{1}{4}$  turn right replace weight to right foot
- 29-30-31 On ball of right foot make one and a half turns right pointing the hitching left slightly
- 32 On finishing the final turn step left next to right with weight

## REPEAT

## RESTART

Wall 4, on count 16 place weight onto left foot and begin dance again from start

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