

# Healy's Hornpipe

**COPPER KNOB**  
BY STEPHEN METZ

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Maggie Gallagher (UK)

Musik: Dance of Love - Ronan Hardiman



## **CROSS ROCK, STEP, CROSS, STEP, STEP, ROCKS, ¼ TURN, SHUFFLE RIGHT-LEFT-RIGHT**

- 1-2 Cross rock right over left. Rock back onto left  
&3 Step to right side, cross left over right  
4 Step right to right side  
&5 Step left next to right, rock right to right side  
6 Rock left to left side in place  
7 ¼ turn right, step right forward  
&8 Step left in place, step right forward

## **SCUFF, STOMP, ¼ TURN RIGHT, SCUFF, STOMP, SAILOR SHUFFLE, TOE, HOLD**

- 9-10 Scuff left forward, stomp left forward  
11-12 ¼ right, scuff right forward, stomp right forward  
13& Cross left behind right, step right to right side  
14 Step left in place  
15 Touch right toe behind left (weight on left)  
16 Hold

**Arms: left arm to diagonally point down to left side. Right elbow bent, arm to left side, pointing downwards as well. This lasts for a count of four**

**Should now be facing back wall**

## **STOMP RIGHT, STOMP LEFT, HEELS OUT, IN, OUT, IN**

- 17-18 Stomp right keeping it behind left. Stomp left foot in front of right  
&19 Bring heels out to side, then back in  
&20 Bring heels out to side, then back in

**Left foot should still be in front to right**

## **¼ RIGHT, STOMP RIGHT IN FRONT OF LEFT, STOMP LEFT BEHIND RIGHT, HEELS OUT, IN, OUT, IN**

- 21 ¼ turning right, stomp right in front of left

**Right arm to diagonally point down to right side. Left elbow bent, arms to right side pointing downwards as well**

- 22 Stomp left behind right  
&23 Bring heels out to side, then back in  
&24 Repeat, bring heels out to side, then back in

**Right should now be in front of left**

## **RUNNING STEP BALLS ON RIGHT (LIKE IN DANCING VIOLINS)**

- 25 Step forward on right  
& Step on ball of left behind right  
26& Step forward on right, step on ball of left behind right  
27& Step forward on right, step on ball of left behind right  
28 Step forward on right

## **½ TURN RIGHT, RONDE LEFT ROUND, SHUFFLE LEFT FORWARD**

- 29-30 Ronde left foot around ½ turning right at same time  
31&32 Step forward left, step right in place, step forward left

**REPEAT**

