

Head Full Of Air

Count: 40

Wand: 4

Ebene: Intermediate

Choreograf/in: Gail Turnbull (UK)

Musik: Airhead - Girlsplay



SIDE STEP, RIGHT SIDE SHUFFLE, KICK BALL CHANGE TWICE

- 1-2 Step right to right side, step left beside right
- 3&4 Step right to right side, close left beside right, step right to right side
- 5&6 Kick left foot forward, step down on ball of right, step left beside right taking the weight
- 7&8 Kick left foot forward, step down on ball of right, step left beside right taking the weight

SIDE STEP, LEFT SIDE SHUFFLE, KICK BALL CHANGE TWICE

- 9-10 Step left to left side, step right beside left
- 11&12 Step left to left side, close right beside left, step left to left side
- 13&14 Kick right foot forward, step down on ball of left, step right beside left taking the weight
- 15&16 Kick right foot forward, step down on ball of left, step right beside left taking the weight

STEP LOCK STEPS, ROCK FORWARD, BACK, ½ TURN, ½ TURN

- 17&18 Step forward on right foot, lock left foot behind right, step forward on right
- 19&20 Step forward on left foot, lock right foot behind left, step forward on left
- 21-22 Rock forward on right foot, recover weight on left
- 23-24 On ball of left foot make a ½ turn right stepping down on right foot, on ball of right foot make ½ turn right touching left foot out to left side

LEFT SAILOR STEP, RIGHT SAILOR TURN, HEEL SWITCHES, LEFT KICK BALL TOUCH

- 25&26 Step left behind right, step right beside left, step forward on left
- 27&28 Step right behind left, step left beside right, step right to right making a ¼ turn right
- 29&30 Touch left heel forward, back to place, touch right heel forward
- &31&32 Step right beside left, kick left foot forward, step left beside right, touch left beside right

FORWARD MAMBO STEP, BACK MAMBO STEP, FULL PADDLE TURN

- 33&34 Rock forward on right, recover weight on left, step right beside left taking the weight
- 35&36 Rock back on left, recover weight on right, step left beside right taking the weight
- 37-40 Hitching right knee make ¼ turn left touching right out to right side, repeat 3 times ending with weight on the left foot

REPEAT
