

# Harmony Man

Count: 64

Wand: 1

Ebene: Improver

Choreograf/in: Mel Fisher (UK)

Musik: Harmony Man - Billy Yates



## **WALK RIGHT, HOLD, LEFT, HOLD, STEP ½ PIVOT LEFT, STEP, HOLD**

- 1-4 Walk forward right, hold, walk forward left, hold  
4-8 Step forward on right, pivot ½ turn left putting weight on left, step forward on right, hold

## **EXTENDED WEAVE RIGHT, TURN ¼ TURN LEFT STEP, BACK, STEP FORWARD**

- 1-2 Cross left over right, step right to right side  
3-4 Step left behind right step right to right side  
5-6 Cross left over right, step right to right side  
7-8 Turn ¼ turn left stepping back on left, step forward on right

## **WALK LEFT, HOLD, RIGHT, HOLD, STEP ½ PIVOT RIGHT, STEP, HOLD**

- 1-4 Walk forward on left, hold, right, hold  
7-8 Step forward on left, pivot ½ turn right putting weight on right, step forward on left, hold

## **EXTENDED WEAVE LEFT, TURN ¼ TURN RIGHT, STEP BACK, STEP FORWARD**

- 1-2 Cross right over left, step left to left side  
3-4 Step right behind left step left to left side  
5-6 Cross right over left, step left to left side  
7-8 Turn ¼ turn right stepping back on right, step forward on left

## **RIGHT & LEFT HEEL SWITCHES, ¼ TURN LEFT, RIGHT HEEL SWITCH**

- 1-2 Touch right heel forward step right beside left  
3-4 Touch left heel forward step left beside right  
5-6 Step forward on right turn ¼ turn left putting weight onto left  
7-8 Touch right heel forward, step right beside left

## **LEFT SIDE STRUT, RIGHT CROSS STRUT, STEP ¼ TURN RIGHT, STEP FORWARD, HOLD**

- 1-2 Touch left toe to left side, step down on left heel  
3-4 Cross right toe over left foot, step down on right heel  
5-6 Step to side with left, turn ¼ turn right stepping forward on right  
7-8 Step forward on left, hold

## **RIGHT SIDE ROCK CROSS, HOLD, LEFT SIDE ROCK CROSS, HOLD**

- 1-4 Step right to right side, step left in place, cross right over left, hold  
5-8 Step left to left side, step right in place, cross left over right, hold

## **HEEL JACK, HOLD, STEP TOGETHER, CROSS, STEP BACK**

- 1-2 Step right to right side, step left behind right (angling body to left diagonal)  
3-4 Step right beside left, touch right heel forward  
5-6 Hold, step left beside right  
7-8 Cross right over left, step back on left (straightening up to front)

## **REPEAT**

## **RESTART**

**On 4th wall, dance first two sets of eight and then**

- 1-4 Walk left, hold, right, hold

5-8                    Rock forward on left, rock back onto right, turn  $\frac{1}{4}$  turn left, stepping forward on left

**And start the dance again**

**Dedicated to K8 and all my friends who do a different dance on another wall**

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