

# Hanging On

Count: 60

Wand: 4

Ebene: Beginner

Choreograf/in: Michael Vera-Lobos (AUS)

Musik: Hearts Are Gonna Roll - Hal Ketchum



- 1&2 Shuffle side right (right-left-right)  
3&4 Shuffle side right crossing left over right (left-right-left)  
5&6 Shuffle side right (right-left-right)  
7-8 Cross left toe over right turning  $\frac{1}{4}$  turn right, slap left heel down
- 9-12 Kick right to side, cross right over left, unwind  $\frac{1}{2}$  turn left, stomp right foot in front of left  
13-16 Bending upper body shimmy down for 2 beats raising upper body shimmy up for 2 beats
- 17&18 Turning body  $\frac{1}{4}$  turn left shuffle side right (right-left-right)  
19&20 Shuffle side right crossing left over right (left-right-left)  
&21 Turning  $\frac{1}{4}$  turn right syncopated jump right-left apart right 45 degrees in front of left  
22 Slide left foot beside right  
23-24 Step left to left side rocking left, then rock onto right
- 25-27 Step left forward, rock right back  
&28 Triple step left-right-left  
29-31 Step right back, rock left forward  
&32 Triple step right-left-right
- 33-34 Step left forward, pivot  $\frac{1}{2}$  turn right  
35&36 Shuffle forward left (left-right-left)  
37-40 Step forward right pivot  $\frac{1}{2}$  turn left, step forward right pivot  $\frac{1}{2}$  turn
- 41&42 Shuffle forward right (right-left-right)  
&43 Syncopated step left-right, right 45 degrees in front of left  
44 Slide left to meet right  
45-48 Turn full turn right (right-left-right), cross left over right
- 49-52 Step right to side, cross left behind right, step right to side, tap left beside right  
53-56 Turn full turn left (left-right-left), cross right over left  
57-60 Step left to side, cross right behind left, step left to side, tap right beside left

**REPEAT**

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