

Helluva Polka

COPPER KNOB
BY STEPHEN METZ

Count: 32

Wand: 4

Ebene: Low Intermediate - Polka

Choreograf/in: Kathy Hunyadi (USA)

Musik: If You're Going Through Hell (Before the Devil Even Knows) - Rodney Atkins



RIGHT SHUFFLE, LEFT SHUFFLE, TURN ½ LEFT, RIGHT SHUFFLE BACK, LEFT SAILOR TURNING ¼ LEFT

- 1&2 Shuffle forward right, left, right
- 3&4 Shuffle forward left, right, left
- 5&6 Turn ½ left and shuffle back right, left, right
- 7&8 Cross left behind right, turn ¼ left and step right to side, step left to side

WALK, WALK, STEP, HEEL SWIVELS, WALK, WALK, ROCK & TURN ¼ LEFT

- 1-2 Step right forward, step left forward
- 3&4 Step right forward, swivel heels to right, center (weight to right)
- 5-6 Step left forward, step right forward
- 7&8 Rock left forward, recover to right, turn ¼ left and step left to side

CROSSING SHUFFLE, TURN ¼ SHUFFLE, TURN ¼ SHUFFLE, CROSS ROCK, ¼ LEFT TURN

- 1&2 Cross right over left, step left to side, cross right over left
- 3&4 Turn ¼ right and step left back, step right together, step left slightly back
- 5&6 Turn ¼ right and step right to side, step left together, step right slightly to side
- 7&8 Rock left forward and across, recover to right, turn ¼ left and step left forward

HEEL SWITCHES, HOLD, CLAP TWICE, HEEL SWITCHES, HOLD, CLAP TWICE, QUICK STEP BACK

- 1&2& Touch right heel forward, step right together, touch left heel forward, step left together
- 3&4 Touch right heel forward, clap, clap
- &5&6& Step right together, touch left heel forward, step left together, touch right heel forward, step right together
- 7&8& Touch left heel forward, clap, clap, step left back

REPEAT
