

# Heel If I Know (P)

**COPPER** KNOB  
BY STEPHENETS

Count: 48

Wand: 0

Ebene: Partner

Choreograf/in: Lori Wong (USA)

Musik: That's My Story - Collin Raye



**Position: Couples start side by side in skater's position, arms are crossed: right hands together below left hands together. Lady's footwork is described. Man's is opposite footwork**  
**This dance is dedicated to my husband who inspired the title of this dance!**

## **SLOW ROCK FORWARD, ROCK BACK**

- 1-2 Right rock step forward
- 3-4 Left step back to center (beginning) position
- 5-6 Right rock step back
- 7-8 Left step back to center

## **ROCK SIDE, TOGETHER, ¼ TURN AND FACE EACH OTHER, HOLD**

- 1-2 Right rock step to right (look to right); left step ¼ turn to left (turn to face partner)
- 3-4 Right step next to left; hold

## **RIGHT TRIPLE STEP, LEFT TRIPLE STEP**

- 5&6 Right step right; left step next to right; right step right
- 7&8 Left step left; right step next to left; left step left

## **RIGHT ROCK BACK, LEFT WALK FORWARD AND PIVOT ½ TURN TO LEFT**

- 1-2 Right rock step back; left step forward (start turn to left)
  - 3-4 Step right forward and pivot on ball of left foot ½ turn to left and left step back next to right
- Lady steps to left side of man and exchanges position with man - facing partner and OLOD - right hands are now on top of left hands**

## **HIP BUMPS: RIGHT TWICE, LEFT TWICE, RIGHT, LEFT, RIGHT, LEFT**

- 5-8 Bump hips right, twice; bump hips left, twice
- 1-4 Bump hips to right, left, right, left

## **RIGHT WALK FORWARD WITH ½ TURN TO RIGHT, TOUCH LEFT NEXT TO RIGHT**

- 5-6 Right step forward; left step forward (lady passes man on right)
  - 7-8 Right step forward; pivot on ball of right foot ½ turn to right and left touch next to right
- Lady exchanges position with man - facing partner and ILOD - left hands are now on top of right hands**

## **LEFT ROCK, HOLD, RIGHT ROCK, HOLD**

- 1-2 Left rock step to left; right step in place
- 3-4 Left step next to right; hold
- 5-6 Right rock step to right; left step in place
- 7-8 Right step next to left; hold

## **RIGHT GRAPEVINE WITH A ¼ TURN RIGHT, BRUSH LEFT**

- 1-4 Right step right; left step behind right; right step ¼ turn right; left brush next to right
- Skater's position facing LOD**

## **LEFT WALK FORWARD**

- 5-8 Left step forward; right step forward; left step forward; right touch next to left

## **REPEAT**

