

# The Heat Is On

Count: 64

Wand: 0

Ebene:

Choreograf/in: Lyndsey Hensel (USA), Dennis Bosse (USA) & Tammy Bosse (USA)

Musik: Miami (Radio Edit) - Will Smith



- 1-4 Step right, wiggle 2-3, step right next to left 4 with clap  
5-8 Step left, wiggle 2-3, step right next to left 4 with clap  
9-12 Right vine step in place  
&13 Right foot back (hop) left foot forward  
&14 Left foot returns home, right crosses over left  
15-16 Half turn left (unwind), clap
- 17-20 Running man, starting with right foot  
21-22 Step right forward, turn ½ left  
23&24 Rock right forward, shift weight left, right return home  
25-26 Step left forward, slide right next to left  
27&28 Three hip bumps left, right, left  
29-30 Step right back, clap  
31-32 Step left back, clap
- 33-36 Turning vine right, end with left heel forward  
&37-38 Left heel ball cross  
&39-40 Right heel ball cross  
&41-42 Left heel ball cross  
43-45 Turning vine left  
&46-47 Right heel ball cross  
&48-49 Left heel ball cross
- 50 Half turn left  
51-52 Bump hips right, left  
53&54 Right, left, right  
55&56 Right kick ball touch  
57&58 (¼ Turn left) left kick ball touch  
59&60 Right kick ball touch  
61&62 (¼ Turn left) left kick ball touch  
63-64 Monterey turn right

## REPEAT

## CHORUS (DO TWICE)

- 1-4 Shuffle forward right, then left  
5-8 Roger rabbit backwards starting with right foot  
9-12 Step right forward, bump hips 10-11-12  
**Pump arms up 9-10-11, clap on 12**  
13-16 Step left forward, bump hips 14-15-16

## **Pump arms up 13-14-15, clap on 16**

**At the end of the song, you will repeat the chorus section 4 times. At the end of the fourth time, jump, cross, turn. While throwing your hands in the air**