

Hearts On Fire

Count: 0

Wand: 4

Ebene: Intermediate

Choreograf/in: Marie Andersson (SWE)

Musik: Hearts on Fire - HammerFall



Sequence: AAA, A40, AAA, A8, AAA, BA, BA, B

SECTION A

ROCK & CROSS, HOLD, SLOW COASTER STEP ¼ RIGHT, HOLD

1-4 Rock right to right side, recover, cross right over left, hold

5-8 Step left behind right turning ¼ right, step right beside left, step right forward, hold

Restart on wall 8, facing 6:00, start dance from beginning at this point

FULL TURN RIGHT, ½ PIVOT, HOLD, SLOW COASTER STEP, HOLD

1-4 Make ½ turn right stepping onto left, make another ½ turn right stepping onto right, make another ½ turn right stepping onto left, hold

5-8 Step right back, step left beside right, step right forward, hold

MAMBO STEP, HOLD, SLOW COASTER STEP, HOLD

1-4 Step left foot forward, step right beside, step left foot back, hold

5-8 Step right back, step left beside right, step right forward, hold

RIGHT LOCKSTEP, HOLD, SCUFF, CROSS, UNWIND, HOLD

1-4 Step right forward, lock left behind right, step right forward, hold

5-8 Scuff left forward, cross left over right, unwind to right - weight ends on right foot, hold

BACK ROCK, STEP, HOLD, STEP TURN, HOLD

1-4 Rock back on right, recover, step forward on right, hold

5-8 Step left foot forward, hold, turn ½ right, hold

Restart on wall 4, facing 12:00, start dance from beginning at this point

SLOW COASTER STEP, HOLD, LEFT LOCKSTEP, HOLD

1-4 Step right back, step left beside right, step right forward, hold

5-8 Step left forward, lock right behind left, step left forward, hold

SECTION B

ROCK & CROSS, HOLD, ROCK & CROSS, HOLD

1-5 Rock right to right side, recover, cross right over left, hold

5-8 Rock left to left side, recover, cross left over right, hold

CHASSÉ, HOLD, BUMP X 3, HOLD

1-4 Step right to right side, step left beside right, step right to right side, hold

5-8 Bump hips to - left, right left, hold