

Hold Up

Count: 44

Wand: 4

Ebene: Intermediate

Choreograf/in: Joe White (USA)

Musik: Rodeo Man - Ronna Reeves



STOMPS AND HOLDS; STEP-SWIVELS

- 1-2 Stomp right foot forward; hold (weight on right)
- 3-4 Stomp left foot forward; hold (weight on left)
- 5& Step right foot forward; swivel right heel to the right with left heel slightly lifted
- 6& Step left foot forward; swivel left heel to the left with right heel slightly lifted
- 7& Step right foot forward; swivel right heel to the right with left heel slightly lifted
- 8& Step left foot forward; swivel left heel to the left with right heel slightly lifted.

HEEL TAPS, SHUFFLES IN PLACE

- 9-10 Tap right heel forward; hold
- 11&12 Shuffle in place stepping right, left, stomp right
- 13-14 Tap left heel forward; hold
- 15&16 Shuffle in place stepping left, right, stomp left.

SHUFFLES & PIVOTS

- 17&18 Step right foot forward; step left together; step right foot forward
- 19-20 Step left foot forward; pivot ½ turn right keeping weight on left foot
- 21&22 Step left foot forward; step right together; step left foot forward
- 23-24 Step right foot forward; pivot ½ turn left keeping weight on right foot.

REVERSE VINE RIGHT

- 25-26 Cross-step right foot over left; hold
- 27-28 Step left foot to left side; hold
- 29-30 Cross-step right foot over left; step left foot to left side
- 31-32 Cross-step right foot over left; touch left toe to left side.

REVERSE VINE LEFT

- 33-34 Cross-step left foot over right; hold
- 35-36 Step right foot to right side; hold
- 37-38 Cross-step left foot over right; step right foot to right side
- 39-40 Cross-step right over left; touch right toe to right side.

SCUFFS & TURN

- 41-42 Scuff right foot forward; scuff right foot back making ¼ turn left
- 43-44 Stomp right foot (weight on right); stomp left foot (weight on left).

REPEAT
