

# Hitch N' Twist

**Count:** 32

**Wand:** 4

**Ebene:** Intermediate

**Choreograf/in:** Maureen Jones (UK) & Michelle Jones (UK)

**Musik:** Six Days On the Road - BR5-49



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## **ROCK, ¼ TURN, STEP & ¼ TURN, HITCH & ¼ TURN, STEP & THUMB FLICKS, HOLD**

- 1-2 Rock forward onto left, rock back onto right making a ¼ turn left  
3-4 Step left to left making a ¼ turn left, on ball of left make a ¼ turn left and hitch right  
5 Step right to right and with right hand clenched forward at chest height, thumb upwards, twist right hand quickly from left to right so that thumb flicks back (i.e. Hitching a lift)  
6-8 Flick thumb back twice more, hold

**Bounce body a little further to the right with each thumb flick**

## **¼ TURN & STEP, HOLD, ROCK, HOLD, SCUFF, HITCH & SCOOT, STEP**

- 9-12 Make a ¼ turn right & step left to left, hold, rock back onto right, hold  
13-16 Rock forward onto left, scuff right forward, hitch right while scooting forward on left, step right slightly to right

## **HEEL TWIST, HOLD, HEEL TWIST, HOLD, HEEL & TOE TWISTS WITH ¼ TURN**

- 17-20 Twist both heels right, hold, twist both heels left, hold  
21-24 Making a gradual ¼ turn to the right across counts 21-24 twist both heels right, twist both toes right, twist both heels right, twist both toes right

## **SLOW JAZZ BOX WITH FINGER CLICKS**

- 25-28 Step left across right, hold and click fingers, step right back, hold and click fingers  
29-32 Step left to left, hold and click fingers, step right beside left, hold and click fingers

**REPEAT**

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