

# History

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Dougie D (UK)

Musik: Whole Lotta History - Girls Aloud



## **SYNCOPATED WEAVE LEFT, CROSS ROCK, ¼ TURN RIGHT FORWARD SHUFFLE**

- 1-2 Cross right over left, step left to left side  
3&4 Cross right behind left, step left to left side, cross right over left  
&5-6 Step left in place, cross rock right over left, recover on left  
7&8 Step right to right side with ¼ turn right, forward shuffle right, left, right

## **FULL TURN (TRAVELING FORWARD) FORWARD SHUFFLE, CROSS MAMBOS TWICE**

- 1-2 Step forward on left, with ½ turn right, step back on right, with ½ turn right  
3&4 Shuffle forward left, right, left  
5&6 Cross right over left, step left in place, step right beside left  
7&8 Step left over right, step right in place, step left beside right (weight on left)

## **SIDE ROCK, ¼ TURN LEFT, FORWARD SHUFFLE, FRONT MAMBO, BACK MAMBO**

- 1-2 Rock out to right side, recover on left with ¼ turn left  
3&4 Shuffle forward right, left, right  
5&6 Step forward on left, step right in place, step left beside right  
7&8 Step back on right, step left in place, step right beside left (weight on left)

## **SIDE ROCK, CROSS SHUFFLE, HALF TURN, CROSS SHUFFLE**

- 1-2 Side rock to right, recover on left  
3&4 Cross shuffle left: right, left, right  
5-6 Step left to left side, swivel ½ turn right, stepping right beside left  
7&8 Cross shuffle right: left, right, left

## **CROSS RIGHT OVER LEFT, ½ TURN LEFT, LEFT SAILOR STEP, FORWARD ROCK, COASTER STEP**

- 1-2 Cross right over left, swivel ½ turn left  
3&4 Step left behind right, step right beside left, step left in place  
5-6 Rock forward on right, recover on left  
7&8 Step back on right, step left beside right, step forward on right

## **CROSS STEP, BACK STEP, ¼ TURN LEFT, SAILOR STEP, CROSS STEP, BACK STEP, ¼ TURN RIGHT, SAILOR STEP**

- 1-2 Cross left over right, step back on right with ¼ turn left  
3&4 Step left behind right, step right beside left, step left in place  
5-6 Cross right over left, step back on left with ¼ turn right  
7&8 Step right behind left, step left beside right, step right in place

## **KICK BALL CHANGE ON RIGHT TWICE, LONG STEP BACK ON RIGHT, DRAG LEFT BESIDE RIGHT, SHUFFLE FORWARD, LEFT, RIGHT, LEFT**

- 1&2 Kick right leg forward, step right beside left, step left in place  
3&4 Kick right leg forward, step right beside left, step left in place (weight on left)  
5-6 Take long step back on right, drag left beside right with tap  
7&8 Shuffle forward left, right, left

## **SCUFF RIGHT, SWIVEL ¼ STEP LEFT ON LEFT, POINT RIGHT TO RIGHT SIDE, CROSS SHUFFLE, ½ TURN, LEFT MAMBO STEP**

- 1-2 Scuff right leg forward, swivel left foot ¼ turn left, at same time point right toes to right side

3&4 Cross shuffle left: right, left, right  
5-6 Cross left over right, swivel ½ turn right  
7&8 Rock left to left side, recover on right, step left beside right

**REPEAT**

---