

Hips Don't Lie

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Sheridan Gill (UK)

Musik: Hips Don't Lie - Shakira



RIGHT CROSS ROCK, CHASSE RIGHT, LEFT CROSS ROCK, CHASSE LEFT

- 1-2 Cross rock right over left, recover onto left
- 3-4 Step right to right side, close left beside right, step right to right side
- 5-6 Cross rock left over right, recover onto right
- 7-8 Step left to left side, close right beside left, step left to left side

KICK BALL CHANGE, RIGHT SHUFFLE, LEFT SHUFFLE, PIVOT ½ LEFT

- 1-2 Kick right forward, step right beside left, step onto left in place
- 3-4 Step forward right, close left to right, step forward right
- 5-6 Step forward left, close right to left, step forward left
- 7-8 Step forward right, pivot ½ turn left

RIGHT CROSS ROCK, CHASSE RIGHT, LEFT CROSS ROCK, CHASSE LEFT

- 1-2 Cross rock right over left, recover onto left
- 3-4 Step right to right side, close left beside right, step right to right side
- 5-6 Cross rock left over right, recover onto right
- 7-8 Step left to left side, close right beside left, step left to left side

KICK BALL CHANGE, RIGHT SHUFFLE, LEFT SHUFFLE, PIVOT ½ LEFT

- 1-2 Kick right forward, step right beside left, step onto left in place
- 3-4 Step forward right, close left to right, step forward right
- 5-6 Step forward left, close right to left, step forward left
- 7-8 Step forward right, pivot ½ turn left

RIGHT AND LEFT HIP BUMPS X 4

- 1-2 Step forward on right and bump hips twice
- 3-4 Step forward on left and bump hips twice
- 5-6 Step forward on right and bump hips twice
- 7-8 Step forward on left and bump hips twice

RIGHT SHUFFLE BACK, LEFT SHUFFLE BACK, RIGHT ROCK BACK, RIGHT SHUFFLE FORWARD

- 1-2 Step back right, close left beside right, step back right
- 3-4 Step back left, close right beside left, step back left
- 5-6 Rock back on right, recover onto left
- 7-8 Step forward right, close left beside right, step forward right

STEP ½ PIVOT, LEFT SHUFFLE, TOE TOUCHES, SAILOR ¼ TURN RIGHT

- 1-2 Step left forward, pivot ½ turn right
- 3-4 Step forward left, close right to left
- 5-6 Touch right forward, touch right to right side
- 7-8 Cross right behind left turning ¼ right, step left to left side, step right in place

TOE TOUCHES, SAILOR ¼ TURN LEFT, RIGHT MAMBO FORWARD, LEFT MAMBO BACK

- 1-2 Touch left forward, touch left to left side
- 3-4 Cross left behind right turning ¼ left, step right to right side, step left in place
- 5-6 Rock right forward, recover onto left, step right to place

7-8

Rock left back, recover onto right, step left to place

REPEAT
