

# Hip Hugger Hitch

Count: 32

Wand: 2

Ebene: Beginner line/contra dance

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Musik: Trouble - P!nk



## HEEL, HOOK, SIDE, TOUCH

- 1 Weight on left foot, tap or touch right heel diagonally forward
- 2 Weight remaining on left, hook right foot over left leg (right foot about left knee height)
- 3 Step right foot to right side, weight on it
- 4 Weight remaining on right foot, touch left toe next to right foot

## HEEL, HOOK, TURN (9:00), TOUCH

- 5 Weight remaining on right foot, tap left heel diagonally forward
- 6 Weight remaining on right foot, hook left foot over right leg (left foot about right knee height)
- 7 Prep for  $\frac{1}{4}$  turn left by stepping left foot  $\frac{1}{4}$  left, weight on it (facing 9:00)
- 8 Complete turn, touching right toe next to left foot

## TURN (12:00), 2 (3:00), 3 (9:00), TOUCH

See end of step description for non-turning variations

- 9 Begin 3 step turn right by stepping right foot  $\frac{1}{4}$  right, weight on it (facing 12:00)
- 10 Pivot  $\frac{1}{4}$  right on ball of right foot, stepping left foot to left side, weight on it (facing 3:00)
- 11 Pivot  $\frac{1}{2}$  right on ball of left foot, stepping right foot to right side, weight on it (facing 9:00)
- 12 Weight remaining on right foot, touch left toe next to right foot

## BUMP, 2, 3, 4

- 13 Step left foot to left side, rocking weight to it, bumping hips left
- 14 Bump hips right, rocking weight to right foot
- 15 Bump hips left, rocking weight to left foot
- 16 Bump hips right, weight ending on right foot

## TURN (6:00), 2 (3:00), 3 (9:00), TOUCH

See end of step description for non-turning variations

- 17 Begin 3 step turn left by stepping left foot  $\frac{1}{4}$  left, weight on it (facing 6:00)
- 18 Pivot  $\frac{1}{4}$  left on ball of left foot, stepping right foot to right side, weight on it (facing 3:00)
- 19 Pivot  $\frac{1}{2}$  left on ball of right foot, stepping left foot to left side, weight on it (facing 9:00)
- 20 Weight remaining on left foot, touch right toes next to left foot

## BUMP, 2, 3, 4

- 21 Step right foot to right side, rocking weight to it, bumping hips right
- 22 Bump hips left, rocking weight to left foot
- 23 Bump hips right, rocking weight to right foot
- 24 Bump hips left, weight ending on left foot

## STEP, TOUCH, TURN (6:00), TOUCH

- 25 Step right foot to right side, weight on it
- 26 Weight remaining on right foot, touch left toe next to right foot
- 27 Prep for  $\frac{1}{4}$  turn left by stepping left foot  $\frac{1}{4}$  left, weight on it (facing 6:00)
- 28 Complete turn, touching right toe next to left foot

## STEP, TOUCH, STEP, TOUCH

- 29 Step right foot to right side, weight on it

- 30 Weight remaining on right foot, touch left toe next to right foot
- 31 Step left foot to left side, weight on it
- 32 Weight remaining on left, touch right toes next to left foot

**REPEAT**

**ENDING**

**End dance with right hand to left shoulder, left hand to right shoulder, sitting weight into hips**

**Variation description for vine right instead of 3 step turn**

**VINE, 2, 3, TOUCH**

- 9 Begin vine by stepping right foot to right side, weight on it
- 10 Cross left foot behind right foot, weight on left foot
- 11 Step right foot to right side, weight on it
- 12 End vine sequence by touch left toe next to right foot, weight remaining on right foot

**Variation description for vine left instead of 3 step turn**

**VINE, 2, 3, TOUCH**

- 9 Begin vine by stepping left foot to left side, weight on it
  - 10 Cross right foot behind left foot, weight on right foot
  - 11 Step left foot to left side, weight on it
  - 12 End vine sequence by touch right toe next to left foot, weight remaining on left foot
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