

High Maintenance Women

COPPERKNOB
STEPPERS

Count: 32

Wand: 4

Ebene: Improver east coast swing

Choreograf/in: Helen Born (USA) & Nita Lindley (USA)

Musik: High Maintenance Woman - Toby Keith



POINTS, HOLDS

- 1-2 Point left toes to left, hold
- &3-4 Place weight on left, point right toes to right, hold
- &5&6 Place weight to right, point left toes left, place weight on left, point right toes to right
- 7-8 Place weight on right point left toes to left, hold

LEFT, RIGHT FORWARD SHUFFLES, HOLDS

- 1&2 Shuffle forward left, right, left
- 3-4 Point right toes to right, hold
- 5&6 Shuffle forward right, left, right
- 7-8 Point left toes to left, hold

RIGHT, LEFT BACKWARDS SHUFFLES, KICKS

- 1&2 Shuffle back left, right, left
- 3-4 Kick right foot forward twice
- 5&6 Shuffle back right, left, right
- 7-8 Kick left foot forward twice

JAZZ BOX ¼ TURN LEFT SCUFF, SIDE SHUFFLE, ROCK STEP

- 1-2 Step left foot across right, step right back
- 3-4 Turn ¼ to left and step onto left, scuff right next to left
- 5&6 Right side shuffle right, left, right
- 7-8 Rock back on left recover right

REPEAT
