

High Maintenance Only

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)

Musik: High Maintenance Woman - Toby Keith



TOE- HEELS, MODIFIED SAILOR SHUFFLES

- 1-2 Step right toe to the right side, step down on right heel
- 3&4 Step left behind right, step right to right side, step left to left side
- 5-6 Cross right toe over left, step down on right heel
- 7&8 Step left to left side, step right behind left, cross left over right

SHUFFLES ¼ TURNING TO THE RIGHT, ½ TURN TO THE RIGHT, ¼ TURN TO THE RIGHT, FORWARD STEP

- 1 Step right to right side making ¼ turn to the right
- &2 Step left quickly next to right, step forward on right
- 3-4 Step forward on left, step right making ½ turn to the right
- 5&6 Step left making ¼ turn to the right, step quickly with right next to left, step left next to right
- 7-8 Step back on right making ¼ turn to the right, step forward on left

ROCK STEP, RECOVER STEP, SHUFFLE TURNING ½ TO THE RIGHT, HIP SWAYS

- 1-2 Rock forward on right, recover on left
- 3&4 Step right making ½ turn to the right, step quickly with left next to right, step forward on right
- 5-8 Sway hips left, right, left, right

ROCK STEP, RECOVER STEP, SHUFFLE TURNING ½ TO THE LEFT, HIPS SWAYS

- 1-2 Rock forward on left, recover on right
- 3 Step forward on left making ½ turn to the left
- &4 Step quickly with right next to left, step forward on left
- 5-8 Sway hips right, left, right, left

REPEAT
