

# Hot Foot Shuffle

Count: 0

Wand: 4

Ebene: Improver

Choreograf/in: Wartan Jemian (USA)

Musik: Leave My Girl Alone - Travis Tritt



## INTRODUCTION

### POINT, POINT, TRIPLE STEP, POINT, POINT, TRIPLE STEP

- 1-2 Point right toe to front, point toe to right
- 3&4 Triple step in place, right-left-right
- 5-6 Point left toe to front, point toe to left
- 7&8 Triple step in place, left-right-left

### SHUFFLE, TURN, SHUFFLE, STEP, STEP

- 1&2 Shuffle forward, right-left-right
- 3-4 Step left forward, turn ¼ turn right
- 5&6 Shuffle forward, left-right-left
- 7-8 Step right together, step left beside

- 17-62 Repeat 1-16 of intro

## THE MAIN DANCE

### RIGHT FOOT: POINT, CROSS, STOMP, HOLD

- 1-2 Point right toe forward to right, cross right leg across left knee
- 3-4 Point right toe forward to right, cross right leg across left knee
- 5-6 Point right toe forward to right, cross right leg across left knee
- 7-8 Stomp right forward clenching both fists in front at waist level, hold

### LEFT FOOT: POINT, CROSS, STOMP, HOLD

- 9-10 Point left toe forward to left, cross left leg across right knee
- 11-12 Point left toe forward to left, cross left leg across right knee
- 13-14 Point left toe forward to left, cross left leg across right knee
- 15-16 Stomp left forward clenching both fists in front at waist level, pivot ¼ turn right and hold

- 1-48 Repeat those 16 counts three more times

### HALF MONTEREY TURN, POINT, TOGETHER, POINT, TOGETHER

- 1-2 Point right toe to right, swing right leg behind left, turning about and step beside with right
- 3-4 Point left toe left, drag left foot beside
- 5-6 Point right toe to right, drag right foot together
- 7-8 Point left toe to left, drag left foot together

### HALF MONTEREY TURN, POINT, TURN TOGETHER, POINT, TOGETHER

- 9-10 Point right toe to right, swing right leg behind left, turning about and step beside
- 11-12 Point left toe left, drag left foot beside
- 13-14 Point right toe to right, drag right foot behind left foot pivoting \_ turn right
- 15-16 Point left toe to left, drag left foot together

- 1-48 Repeat those 16 counts three more times

### LIFT, RISE, CROSS, UNWIND, KICK BALL CHANGE, STOMP, STOMP

- &1 Rise on toes of both feet, settle down in place

- 2                    Jump up, land with feet shoulder width apart
- 3                    Jump up high enough to allow crossing the right in front of the left on landing
- 4                    Unwind to face in the reverse direction
- 5&6                Brush kick with right foot, touch with right foot, step on left
- 7-8                Stomp on right, stomp on left beside

**LIFT, RISE, CROSS, UNWIND, TURNING KICK BALL CHANGE, STOMP, STOMP**

- &9                    Rise on toes of both feet, settle down in place
- 10                    Jump up, land with feet shoulder width apart
- 11                    Jump up high enough to allow crossing the right in front of the left on landing
- 12                    Unwind to face in the reverse direction
- 13&14              Brush kick with right foot, touch with right foot turning ¼ turn right, step on left foot
- 15-16              Stomp on right, stomp on left beside

- 1-48                Repeat those 16 counts three more times

**REPEAT**

**You can replace each 16 count pattern with any 8 or 16 count sequence that needs to be practiced**

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