

# Hula Hula Hoop

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Jorma Leitzinger Jr. (FIN)

Musik: Rock-A-Hula Baby - Elvis Presley



## SIDE HULA HOOPS

1-4 Step right to side, step left together, step right to side, touch left together  
5-8 Step left to side, step right together, step left to side, step right together

**Do hula motion with your hands during counts 1-8**

## HULA SWAYS

9-12 Sway hips: right, right, left, right  
13-16 Sway hips: left, right, left, left

## HULA HOOP FORWARD

17-18 Step right diagonally forward pushing hips forward, push hips forward  
19-20 Step left diagonally forward pushing hips forward, push hips forward  
21-24 Repeat steps 17-20

**Pull your hands as pulling the rope during hip pushes**

## HULA HOOP PIVOT, HULA HOOP COASTER STEP

25-26 Step right forward, pivot  $\frac{1}{4}$  left  
27&28 Step right back, step left together, step right forward

## HULA HOOP SHIMMIES

29-30 Step left to side, shimmy while stepping right together  
31-32 Step left to side, shimmy while touching right together

## REPEAT

## TAG

**On wall 4, only dance counts 1-26, then:**

1-4 Sway hips right, right, left, left  
5-8 Sway hips right, left, right, left  
9-12 Sway hips right, right, left, left  
13-15 Sway hips right, right, right