

How Long Gone

Count: 36

Wand: 4

Ebene:

Choreograf/in: Mike Caskey (USA)

Musik: How Long Gone - Brooks & Dunn



LEFT FORWARD ROCK, COASTER STEP, 2 QUARTER PIVOTS

- 1-2 Rock forward on left foot, rock back on right
- 3&4 Step back on left, together with right, forward on the left foot
- 5-6 Step forward on right pivot $\frac{1}{4}$ turn left
- 7-8 Step forward on right pivot $\frac{1}{4}$ turn left

RIGHT FORWARD ROCK. COASTER STEP, LEFT MONTEREY

- 1-2 Rock forward on right foot, rock back on left
- 3&4 Step back on right, together with left, forward on the right foot
- 5-6 Tap left foot to left side, slide left foot beside right as you turn back left $\frac{1}{2}$ turn
- 7-8 Tap right foot to right side, tap right foot beside left

RIGHT MONTEREY, QUICK CHANGE STEPS, CLAP

- 1-2 Tap right foot to right side, slide right foot beside left as you turn back right $\frac{1}{2}$ turn
- 3-4 Tap left foot to left side, step together with left
- 5&6 Tap right heel in front, bring right foot in, tap left heel forward
- &7-8 Bring left heel in, tap right heel out, clap

QUICK CHANGE STEPS, VINE LEFT $\frac{1}{4}$ TURN SCUFF

- 1&2 Tap left heel forward, bring left heel in, tap right heel out
- &3-4 Bring right foot in, tap left heel out, clap
- 5-6 Step to the left, step behind the left with the right
- 7-8 Step to a $\frac{1}{4}$ turn left with the left, scuff the right

Variation: rolling vine left $\frac{1}{4}$ turn scuff

STEP BACK, TURN $\frac{1}{2}$, SHUFFLE

- 1-2 Step straight back on right, step straight back on left
- 3&4 Turn $\frac{1}{2}$ turn to the right as you step forward right, together left, forward right

REPEAT
