

# If You Only Knew

Count: 64

Wand: 4

Ebene: Advanced

Choreograf/in: Maureen Ash

Musik: If You Only Knew - The Mavericks



## SIDE ROCK SAILOR STEP, ¼ TURN SHUFFLE FORWARD

- 1-2 Rock right to right side, step left in place
- 3-4 Cross right behind left, rock left to left side
- 5-6 Step right in place, cross left behind right
- 7-8 Turn ¼ right shuffle forward right, left, right

## ½ TURN, SHUFFLE, ¾ turn

- 1-2-3-4 Step left forward ½ turn right with knees slightly bent
- 5-6 Shuffle forward: left, right, left
- 7-8 Turn ½ turn left, step back on right, Turn ¼ turn left step left to left side

## ROCK, RECOVER, HOLD ROCK, RECOVER, HOLD

- 1-2 Rock right across left rock back onto left
- 3-4 Step right back in place, hold
- 5-6 Rock left across right, Rock back onto right
- 7-8 Step left back in place, hold

## HITCH, JUMP, STEP, HOLD, HIPS LEFT-RIGHT-LEFT, HOLD

- 1-2 Brush right forward and hitch, Jump onto left foot in place
- 3-4 Step right foot forward slightly hold
- 5-6 (29, 30) Step left to left side pushing hips left, push hips right
- 7-8 (31, 32) Push hips left, hold

## VINE, HEEL JACKS

- 1-2 Step right to right, step left behind right
- 3-4 Step right to right, step left in front of right
- 5-6-7-8 Heel jack: right-left-right-left

## SPRING, SHUFFLE, ½ TURN, SHUFFLE, ½ TURN

- &1&2 Spring onto right foot (&), shuffle forward left-right-left
- 3-4 Step, forward right, turn ½ turn left take weight onto left
- 5&6 Shuffle forward right, left, right
- 7-8 Step forward left, turn ½ turn right take weight onto right

## JUMP FORWARD - HEEL TAP, STEP BACK, SHUFFLE

- &1-2-3-4 Jump forward left, right feet apart alongside of each other (& 1) hold (2, 3) on 4th beat raise and lower right heel while brushing left toe backwards knees bent
- 5-6 Step back on left, step back on right
- 7-8 Shuffle forward: left, right, left

## BRUSH, TAP, HOLD ¼ TURN, FULL TURN

- 1-2 Brush right foot forward 45 degrees brush right toe back across left foot
- 3-4 Tap right toe on floor next to left side of left foot, hold
- 5-6 Step forward right while turning 45 degrees right, turning ½ turn right step back on left foot
- 7-8 Turning ½ turn right step forward on right, step left alongside right taking weight onto left

## REPEAT

**RESTART**

**On the 3rd and 6th rounds do the first 32 counts only, During these rounds the timing of counts 29-32 are altered to:**

29-32            Step left to left side, Push hips left, right, left

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