

# If Only I Could

Count: 64

Wand: 4

Ebene: Intermediate nightclub

Choreograf/in: Dougie D (UK)

Musik: If Only I Could - Sidney Youngblood



## FIGURE OF EIGHT

- 1-2 Step right to right side, cross left behind right
- 3-4 Step right to right side, turn  $\frac{1}{4}$  turn right and step left forward (3:00)
- 5-6 Turn  $\frac{1}{4}$  right and cross right behind left, step left to left side (6:00)
- 7-8 Turn  $\frac{1}{4}$  turn left and step right forward, turn  $\frac{1}{2}$  turn left (weight to left) (9:00)

## SHUFFLE FORWARD, $\frac{1}{2}$ TURN, SHUFFLE FORWARD, $\frac{1}{4}$ TURN

- 1&2 Shuffle forward stepping right, left, right
- 3-4 Step forward on left, turn  $\frac{1}{2}$  turn right (weight to right)
- 5&6 Shuffle forward stepping left, right, left
- 7-8 Step right to right side, turn  $\frac{1}{4}$  turn left (weight to left)

## KICK BALL CHANGE TWICE, SWAY RIGHT, SWAY LEFT, KICK BALL CHANGE

- 1&2 Kick right forward, step right beside left, step left in place
- 3&4 Repeat 1&2
- 5-6 Sway to right side, sway to left side

### A little hip action here

- 7&8 Kick right forward, step right beside left, step left in place

## CROSS STEP, $\frac{1}{4}$ TURN, SAILOR STEP, CROSS $\frac{1}{4}$ TURN SAILOR STEP

- 1-2 Cross right over left, turn  $\frac{1}{4}$  turn right and step left beside right
- 3&4 Cross right behind left, step left beside right, step right in place
- 5-6 Cross left over right, turn  $\frac{1}{4}$  turn left and step right beside left
- 7&8 Cross left behind right, step right beside left, step left in place

## STEP $\frac{1}{2}$ TURN, SHUFFLE $\frac{1}{2}$ TURN, BACK ROCK, SHUFFLE $\frac{1}{2}$ TURN

- 1-2 Step right forward, turn  $\frac{1}{2}$  turn left (weight to left)
- 3&4 Shuffle and turn  $\frac{1}{2}$  left stepping right, left, right
- 5-6 Rock left back, recover on right
- 7&8 Shuffle and turn  $\frac{1}{2}$  right stepping left, right, left

## SAILOR STEPS TWICE, $\frac{1}{4}$ TURN LEFT, KICK BALL CHANGE

- 1&2 Cross right behind left, step left beside right, step right in place
- 3&4 Cross left behind right, step right beside left, step left in place
- 5-6 Step right to right side, turn  $\frac{1}{4}$  turn left (weight to left)
- 7&8 Kick right forward, step right beside left, step left in place

## ROCK AND COASTER STEP TWICE

- 1-2 Rock right forward, recover on left
- 3&4 Step right back, step left beside right, step right forward
- 5-6 Rock left forward, recover on right
- 7&8 Step left back, step right beside left, step left forward

## SIDE ROCK, CROSS SHUFFLE, FORWARD ROCK, BACK SHUFFLE

- 1-2 Rock right to right side, recover on left
- 3&4 Cross shuffle to left stepping right, left, right

5-6 Rock left forward, recover on right  
7&8 Shuffle back stepping left, right, left

**REPEAT**

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