

I've Lost

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Craig 'n Karen (SCO)

Musik: I've Loved and Lost Again - Patsy Cline



ROCK, CROSS SHUFFLE, ROCK, CROSS SHUFFLE

- 1-2 Rock to right on right, recover on left
- 3&4 Cross right over left, step left to left side, cross right over left
- 5-6 Rock left to left side, recover on right
- 7&8 Cross left over right, step right to right side, cross left over right

¾ TURN LEFT, RIGHT SHUFFLE FORWARD, STEP LEFT, ¼ TURN RIGHT, CROSS SHUFFLE

- 9-10 Step right to right side making ¼ turn left, pivot ½ left on right stepping down on left
- 11&12 Step forward right, step left beside right, step forward right
- 13-14 Step forward left, pivot ¼ turn right (weight on right)
- 15&16 Cross left over right, step right to right side, cross left over right

CHASSE RIGHT, ROCK BACK LEFT, ROCK FORWARD LEFT, ½ TURN LEFT SHUFFLE

- 17&18 Step right to right side, close left next to right, step right to right side
- 19-20 Rock back onto left, recover on right
- 21-22 Rock forward on left, recover back on right
- 23&24 ½ turn left stepping left right left

ROCK, ¾ TURN RIGHT SHUFFLE, ROCK, COASTER STEP

- 25-26 Rock forward onto right, recover on left
- 27&28 ¾ turn right stepping right, left right
- 29-30 Rock forward on left, recover on right
- 31&32 Step left back, step right foot to left foot, step forward left

REPEAT
