

# I'm Not Ready

Count: 72

Wand: 4

Ebene:

Choreograf/in: Hubert Aubin (CAN) & Monique Aubin (CAN)

Musik: Rescue Me - Rick Tippe



- |       |  |
|-------|--|
| 1-2   | Step forward on right foot, slide left foot behind                               |
| 3-4   | Step forward on right foot, touch left foot beside                               |
| 5-6   | Step forward on left foot, slide right foot behind                               |
| 7-8   | Step forward on left foot, touch right foot beside                               |
|       |  |
| 9-12  | Touch right toe to the side, hold, touch right toe back, hold                    |
| 13-14 | Touch right toe to the side, touch right toe back                                |
| 15-16 | Touch right toe to the side, cross right foot in front of left                   |
| 17-18 | Unwind ½ turn to the left, clap  |
|       |  |
| 19-20 | Touch left toe forward, as you change weight to left foot drop left heel down    |
| 21-22 | Touch right toe forward, as you change weight to right foot drop right heel down |
| 23-26 | Repeat 19-22   |
|       |  |
| 27-30 | Touch left toe to the side, hold, touch left toe back, hold                      |
| 31-32 | Touch left toe to the side, touch left toe back                                  |
| 33-34 | Touch left toe to the side, cross left foot in front of right                    |
| 35-36 | Unwind ½ turn to the right, clap   |
|       |  |
| 37-38 | Touch right toe forward, as you change weight to right foot drop right heel down |
| 39-40 | Touch left toe forward, as you change weight to left foot drop left heel down    |
| 41-44 | Repeat 37-40   |
|       |  |
| 45&46 | Side shuffle to the right (right, left, right)                                   |
| 47-48 | Rock back onto left foot, step in place on right foot                            |
|       |  |
| 49&50 | Side shuffle to the left (left, right, left)                                     |
| 51-52 | Rock back onto right foot, step in place on left foot                            |
|       |  |
| 53-54 | Touch right toe to the side, hold  |
| 55-56 | Quickly step right foot home & touch left toe to the side, hold                  |

## PENDULUM SWINGS

- |       |   |
|-------|---|
| 57    | Quickly step left foot home & touch right toe to the side |
| 58    | Quickly step right foot home & touch left toe to the side |
| 59    | Quickly step left foot home & touch right toe to the side |
| 60    | Touch right toe beside left (home)                        |
|       |   |
| 61&62 | Shuffle forward, (right, left, right)                     |
| 63&64 | Shuffle forward (left, right, left)                       |
|       |   |
| 65-66 | Step forward on right foot, pivot ½ turn to the left      |
|       |   |
| 67&68 | Shuffle forward (right, left, right)                      |
| 69&70 | Shuffle forward (left, right, left)                       |

71-72

Step forward on right foot, pivot  $\frac{1}{4}$  turn to the left

**REPEAT**

If you dance to "Rescue Me":

After you have done the sequence 5 times, the music start to gradually fade out, do step 1-36 then keep doing 37-40 (toe, heel) as you head to your seat (or maybe, if you could just work up the nerve, toe heel on over and talk to her!).

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