

I'm About To Freak

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Ed Lawton (UK) & Johnathan Montgomery

Musik: Freak - The Audiofreaks & Robbie Craig



CROSS ½ TURN, SHUFFLE, ROCK SHUFFLE 1 ¼ TURN

- 1-2 Step right over left, step left to left side making a ½ turn right
3&4 Side shuffle right on right, left, right
5-6 Cross rock left over right, rock back on to right
7&8 Make a ¼ turn left stepping forward on left, make a ½ turn left stepping back on right, make a ½ turn left stepping forward on left

SLOW PIVOT ½ TURN, WALK WALK, MAMBO STEP

- 1-4 Step forward on right, hold, pivot ½ turn left, hold
5-6 Walk forward on right, left
7&8 Step forward on right, rock back on left, step back on right

½ TURN, ¼ TURN, ½ TURN, SAILOR ¼

- 1-2 Make a ½ turn left touching left toe forward, step down on left
3-4 Make a ¼ turn left touching right toe to right side, step down on right
5-6 Make a ¼ turn left stepping forward on left, make a ¼ turn left stepping right to right side
7&8 Left sailor step making a ¼ turn left

KICK AND STEP, WALK TWICE, KICK BACK SIDE, BODY ROLL

- 1&2 Kick right out to right side, step right next to left, step forward on left
3-4 Walk forward on right, left
5&6 Kick right forward, step back on right, step left to left side
7-8& Body roll to right over 2 counts weight ends on right, step left next to right

REPEAT
