

# It Bangs!

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Matthew Dewsbury (UK)

Musik: She Bangs - Ricky Martin



## STEP, HITCH, FORWARD SHUFFLE, HIP BUMPS X 4

- 1-2 Step right foot forward, hitch left  
3&4 Shuffle forward on left-right-left  
5-8 Step right foot forward diagonally to the right and bump hips forward-back-forward-back

## BACK SHUFFLE, FULL TURN, COASTER STEP, HEEL DIG TWICE

- 9&10 Shuffle back on right-left-right  
11-12 Full turn back turning left on left-right  
13&14 Step back left, step right beside left, step forward left  
15-16 Dig right heel forward twice

## TOE TOUCH SIDE, TOGETHER, FORWARD SHUFFLE, STOMP, HOLD BODY ROLL

- 17-18 Touch right toe to right side, touch right back next to left  
19&20 Forward shuffle on right-left-right  
21-22 Stomp left foot forward, hold  
23-24 Body roll over two counts

## HEEL SWITCHES X 3, DOUBLE CLAP, HEEL SWITCHES ¼ TURN RIGHT, BACK TOGETHER

- 25&26& Touch right heel forward, step right beside left, touch left heel forward, step left next to right  
27&28 Touch right heel forward, clap twice  
&29&30 Step right beside left, touch left heel forward, step left beside right, touch right heel forward (making ¼ turn as you do the switches)  
31-32 Step right foot back, step left next to right transferring weight to left

## REPEAT

## TAG

### After walls 5 & 10

- 1-2 Kick forward right, kick forward to right side  
3&4 Step back right, step left beside right, step forward right  
5-6 Kick forward left, kick forward to left side  
7&8 Step back left, step right beside left, step forward left

## BREAK

After the 12th wall there is a 4 count break. Small step diagonally to right and bump hips forward-back-forward-back.

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