

Island Beat

Count: 32

Wand: 2

Ebene:

Choreograf/in: Susan Brooks (USA)

Musik: Cannibal - Buster Poindexter



Position: Done in off-set contra lines or in a circle

- 1-4 Bump hips right, right, left, left as you roll hand up twice and down twice as you bend body up then down
- 5-8 Vine right, touch left and bump hips right and clap
- 9-12 Repeat 1-4 reversing hip movement
- 13-16 Vine left, ¼ turn left-touch right/clap and bump left

LINES CROSS

- 17-18 Side step right, step left behind right
- 19-20 Side step right, step left across right

- 21-22 Step forward right and sway hips right, pivot 1/8 left and sway hips left
- 23-24 Step forward right and sway hips right, pivot 1/8 left and sway hips left

Now facing opposite line

- 25-27 Step forward right, left, right
- 28 Kick forward left-slap hands with 2 people in opposite line and yell "hey mon"

- 29-31 Step back left, right, left
- 32 Touch right and yell "go mon"

REPEAT
