

Insatiably Yours

COPPER KNOB
BY STEPHEN HETS

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Karen Hadley (UK)

Musik: Insatiable - Darren Hayes : (Album Version)



SIDE, TOGETHER, ¼ TURN RIGHT, STEP, PIVOT ½ TURN, STEP, FORWARD ROCK, STEP, BACK ROCK, STEP

- 1&2 Step right to right side, step left beside right, step right making ¼ turn right
- 3&4 Step forward on left, pivot ½ turn right, step forward on left
- 5&6 Rock forward on right, recover onto left, step back on right
- 7&8 Rock back on left, recover onto right, step forward on left

PIVOT ½ TURN, STEP, STEP, PIVOT ½ TURN, STEP, FULL TURN, STEP, ¼ TURN, CROSS, SIDE, CROSS, SWEEP

- &1 Pivot ½ turn right, step forward on left
- 2&3 Step forward on right, pivot ½ turn left, step forward on right
- 4-5 Step forward on left, on ball of left full turn right, step forward on right (alternative: 2 walks forward)
- 6& Step forward on left, pivot ¼ turn right
- 7& Cross step left over right, step right to right side
- 8& Cross step left over right, sweep right out to front

CROSS, ROCK, SWEEP, BEHIND, SIDE, CROSS, SIDE ROCK, ½ TURN RIGHT, SIDE, BACK ROCK, SIDE

- 1&2 Cross rock right over left, recover onto left, sweep right out to behind left
- 3&4 Cross step right behind left, step left to left side, cross step right over left
- 5&6 Rock left to left side, recover onto right making ½ turn right, large step left to left side
- 7&8 Rock back on right diagonally behind left, recover onto left, large step right to right side

CROSS ROCK QUARTER TURN LEFT, STEP, PIVOT ½ TURN, STEP, STEP-LOCK-STEP, SKATE RIGHT, SKATE LEFT

- 1&2 Cross rock left over right, recover onto right, step left ¼ turn left
- 3&4 Step forward on right, pivot ½ turn left, step forward on right
- 5&6 Step forward left on diagonal, lock step right behind left, step forward on left on diagonal
- 7-8 Skate right to right side, skate left to left side

REPEAT
