In-Tu-It



Count: 48 Wand: 4 Ebene: Intermediate

Choreograf/in: Ryan L. Young (USA)

Musik: Intuition - Jewel



WALK FORWARD, ROCK STEPS

1-2	Walk forward	(riaht, left)

Rock forward right, recover left, step back right
Rock back left, recover right, step forward left
Step forward right, ½ pivot turn to the left

1/4 TURN KICKS, QUICK ROCK STEPS, STYLIZED "BEND AND SNAP"

1 Step forward on the right foot

2-3 Kick the left foot forward, ¼ turn left while kicking left foot forward

4& Step back with left foot, bring right foot together with left

5&6& Rock back and forth with left foot forward

7-8 Bend down and snap back up with left knee slightly raised

COASTER STEP, 1/4 TURN TWIST, CROSS AND POINTS

1&2	Coaster step back with the right foot
3-4	Bend knees and twist ¼ turn left

5-6 Cross left foot in front of right, point right foot out to the right 7-8 Cross right foot in front of left, point left foot out to the left

COASTER STEP, 1/4 TURN HEEL SWIVELS, BODY ROLL

1 Kick with left foot

2&3 Coaster step back with left foot4 Step forward with right foot

5-6 Turn ¼ left while swiveling heels to the right, swivel heels left

7-8 Body roll

STEP LEFT TWICE, ½ TURN RIGHT, ANGLED COASTER STEP

1-4 Step left with left foot, bring right foot to left foot, repeat

5-6 Walking ½ turn right with right foot leading

7&8 Coaster step back with right foot while being angled to the right

STEP TO RIGHT, 1/2 TURN, QUICK SIDE STEP, DOUBLE BOUNCE

1-2 Cross right foot behind left, step right foot to the right

3-4 Stationary ½ turn left, bring feet together

5&6 Step right foot right, bring left foot behind, point right foot right

7-8 With weight on right foot bounce twice

REPEAT