Count: 64 Wand: $0 \quad$ Ebene: Partner
Choreograf/in: Angela Pinnington (UK) \& Peter Kimber
Musik: If I Could Bottle This Up - Paul Overstreet


Position: Side by Side (Sweetheart) position

| $1-2$ | Step right across left, step back on left |
| :--- | :--- |
| $3 \& 4$ | Side shuffle right right, left, right |
| $5-6$ | Step left across right, step back on right |
| $7 \& 8$ | Side shuffle left left, right, left |
|  |  |
| $9 \& 10$ | Right shuffle forward right, left, right |
| $11 \& 12$ | Left shuffle forward left, right, left |
| $13-14$ | Rock forward onto right, recover onto left |
| $15-16$ | MAN: Step right $1 / 4$ turn right, step left next to right (facing OLOD) |
| $15 \& 16$ | LADY: $3 / 4$ Turn right on triple step right, left, right (facing ILOD) |

Release left hands, lady passes under raised right arms, rejoin hands when facing each other
17-18 MAN: Step right to right, cross left behind right
LADY: Step left to left, cross right behind left
19-20 MAN: Side shuffle right right, left, right
Release man's left, lady's right hands
LADY: Side shuffle left left, right, left
21-22 MAN: Left rock left turning $1 / 4$ left (facing LOD), recover onto right
LADY: Right rock right turning $1 / 4$ right (RLOD), recover onto left
23\&24 MAN: Forward right diagonal cross shuffle left, right, left
LADY: Forward left diagonal cross shuffle right, left, right
Traveling forward, lady crosses in front of man changing places, changing hands. Lady behind man in front

| 25-26 | MAN: Right rock right, recover onto left |
| :--- | :---: |
|  | LADY: Left rock left, recover onto right |
| 27\&28 | MAN: Forward left diagonal cross shuffle right, left, right |
| Crossing as $23 \& 24$ |  |
|  | LADY: Forward right diagonal cross shuffle left, right, left |
| $29-30$ | MAN: Left rock to left, recover onto right |
|  | LADY: Right rock to right, recover onto left |
| $31 \& 32$ | MAN: Forward right diagonal cross shuffle left, right, left |
| Crossing as $23 \& 24$ |  |
|  | LADY: Forward left diagonal cross shuffle right, left, right |
| $33-34$ | MAN: Right rock right, recover onto left |
|  | LADY: Left rock left, recover onto right turning $1 / 4$ right |
| $35-36$ | MAN: Step right across left, step left next to right |
| $35 \& 36$ | LADY: $3 / 4$ Turn right on triple step left, right, left |

Lady crosses in front of man, man changes hands to bring her back into side by side BOTH:
37-38 Rock back on right, recover onto left
39\&40 Right shuffle forward right, left, right

41-42 Left toe point forward, point left
43\&44 Left back coaster step
45-46 Right toe point forward, point right

49-50 Step forward left, pivot $1 / 2$ turn right
Release left hands, raise right
51\&52 Left side shuffle turning $1 / 4$ right on first step left, right, left (both facing ILOD)
Release hands as you face ILOD, lady placing her hands on man's waist
53\&54 Right side shuffle, turning $1 / 2$ turn right on first step right, left, right (both facing OLOD)
Lady raises her hands to shoulder height, man places hands on lady's waist
55\&56 Left side shuffle, turning $1 / 2$ turn right on first step left, right, left (both facing ILOD)
Lady places hands on man's waist
57-58 Rock back on right, recover onto left
59\&60 Right shuffle forward
61-62 Step forward on left, step right turning $1 / 4$ turn right (into LOD)
Lady releases hands on turn, resume Side By Side (Sweetheart) position
63\&64
Right side cross shuffle
REPEAT

