

In The Spirit

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Maureen Jones (UK) & Michelle Jones (UK)

Musik: Thriller - Michael Jackson



Start 48 counts from first loud drum beat immediately after footsteps

LUNGE, HOLD, RECOVER, HITCH, STOMP-UP, DIAGONAL STEPS WITH HOLDS

- 1-2 Lunge right to right, hold
- 3&4 Drag right towards left, hitch right, stomp right beside left (weight on left)
- 5-6 Step right diagonally forward right, hold
- 7-8 Step left diagonally forward left, hold

WALKS FORWARD, ½ PIVOT, HOLD, STEPS, PRESS, KICK

- 9-11 Walk forward right, left, right
- 12-13 Pivot ½ turn left, hold
- &14 Step right beside left, step left forward
- 15-16 Press right forward, kick right forward

STEPS BACK, BACK ROCK, SHUFFLE, ¼ TURN, HOLD

- 17-19 Walk back stepping right, left, right
- 20-21 Rock left back, recover forward onto right

Moonwalk counts 17-20 by dragging weightless foot between steps

- 22&23 Step left forward, step right beside left, step left forward
- 24-25 Make ¼ turn left and step right to right, hold

½ TURN LEFT, HOLD, ½ TURN LEFT, HOLD, BEHIND, ¼ TURN, STEP

- 26-27 Make ½ turn left and step left to left, hold
- 28-29 Make ½ turn left and step right to right, hold
- 30 Step left behind right
- 31-32 Step right ¼ turn right, step left forward

For a Halloween effect claw both hands forward during counts 24-29

REPEAT
