## In The Mood

**Count:** 48

Ebene: Improver

Choreograf/in: Nadia Friel (AUS) & Nikki Friel

Musik: In the Mood - The Andrews Sisters

### GRIND RIGHT HEEL ACROSS IN FRONT OF LEFT X 3, STEP BACK, ROCK FORWARD

- Step right heel across left with toe turned in, step left to side and swivel right toe to right 1-2
- 3-4 Step right heel across left with toe turned in, step left to side and swivel right toe to right
- 5-6 Step right heel across left with toe turned in, step left to side and swivel right toe to right
- 7-8 Rock right back, recover onto left

#### PUMP FORWARD, PUMP SIDE, STEP BACK, ROCK FORWARD, PUMP FORWARD, PUMP SIDE, STEP **BACK, ROCK FORWARD**

- 1-2 Kick right forward, kick right to side
- 3-4 Rock right back, recover to left
- 5-6 Kick right forward, kick right to side
- 7-8 Rock right back, recover to left

#### TOE HEEL, TOE HEEL, FOUR SMALL STEPS MOVING FORWARD

1-2-3-4 Step right toe forward, drop right heel, step left toe forward, drop left heel

#### Keep knees bent for the next 3 steps

5-6-7 Step right slightly forward, step left slightly forward, step right slightly forward 8 Step left together Styling: Keeping arms by your side, right shoulder moves up and left shoulder moves down as right 5 foot moves forward 6 Left shoulder moves up and right shoulder moves down as left foot moves forward 7-8 Repeat styling for 5-6

#### HEEL, TOGETHER, HEEL, TOGETHER, BEHIND, SIDE, ACROSS, HOLD

- 1-2-3-4 Touch right heel diagonally forward, step right beside left, touch left heel diagonally forward, step left beside right
- 5-6-7-8 Step right behind left, step left to side, step right across left, hold

#### STEP LEFT, CROSS, SIDE, CROSS, SIDE, CROSS, KICK, BEHIND, ¼ RIGHT, ¼ RIGHT, KICK

- &1&2 Step left to side, step right across left, step left to side, step right across left
- &3-4 Step left to side, step right across left, kick left diagonally forward
- 5-6-7-8 Step left behind right, turn 1/4 right and step right forward, turn 1/4 right and step left to side, kick right diagonally across left

#### STEP RIGHT, TOGETHER, BACK, TOUCH TOGETHER, STEP LEFT, TOGETHER, FORWARD, HOLD

- 1-2-3-4 Step right to side, step left beside right, step right back, touch left beside right
- 5-6-7-8 Step left to side, step right beside left, step left forward, hold

#### REPEAT

#### TAG

During the 4th wall (facing the back) after count 16, do 8 paddle turns turning left making 2 full turns with four paddles in each full turn

1-2 Step right forward, turn 1/4 left (weight to left)

- 3-16 Repeat 1-2 seven more times
- You will end up again on the back wall. Then restart the dance from the beginning







#### Styling: wave both hands in the air as you turn

# FINISH After count 36 1-2-3-4 Step left behind right, turn ¼ right and step right forward, turn ½ right and step left back, turn ¼ right and step right forward Lean to right side and extend arms out and shimmy both hands