

# Impulse

**COPPER** KNOB  
BY STEPHEN

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Lee Birks (UK) & Lisa Mooney (IRE)

Musik: Horse To Mexico - Trini Triggs



## LEFT KICK BALL CROSS, SIDE, RIGHT TURN, RIGHT KICK BALL CROSS, SIDE, HOLD

- 1&2 Kick left diagonally forward left, step left beside right, cross right over left  
3-4 Step left to left side, turn body to right diagonal  
5&6 Kick right forward, step right beside left, cross left over right  
7-8 Step right to right side, hold

## CROSS ROCK, CHASSE LEFT, CROSS, HOLD, SIDE STEP, CROSS, HOLD

- 9-10 Cross rock left over right, rock back onto right  
11&12 Step left to left side, close right beside left, step left to left side  
13-14 Cross right over left, hold, cross, hold  
&15-16 Step left to left side, cross right over left, hold

## HEEL GRIND ¼ TURN LEFT, COASTER STEP, SHUFFLE FORWARD, ROCK STEP

- 17 Grind left heel to left side making ¼ turn left  
18 Take weight back onto right  
19&20 Step back left, step right beside left, step forward left  
21&22 Step forward right, close left beside right, step forward right  
23-24 Rock forward on left, rock back onto right

## SHUFFLE ½ TURN LEFT TWICE, COASTER STEP, STEP ¼ PIVOT LEFT

- 25&26 Shuffle ½ turn left, stepping - left, right, left  
27&28 Shuffle ½ turn left, stepping - right, left, right  
29&30 Step back left, step right beside left, step forward left  
31-32 Step forward right, pivot ¼ turn left, bending knees

Weight ends on right with body angle to left diagonal to start dance again

## REPEAT

## BRIDGE

When using 'Horse To Mexico' an 8 count bridge is added once, following the second repetition. Basically it is a repeat of the first 8 counts of the dance

## KICK BALL CROSS, SIDE STEP, TURN, TWICE

- 1&2 Kick left diagonally forward left, step left beside right, cross right over left  
3-4 Step left to left side, turn body to right diagonal  
5&6 Kick right forward, step right beside left, cross left over right  
7-8 Step right to right side, turn body to left diagonal