

# Jailhouse Rock

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Gaye Teather (UK)

Musik: Jailhouse Rock - Elvis Presley



## STOMPS, HOLDS, "RUNNING" STEPS FORWARD

- 1-8 Stomp right foot forward, hold, stomp left foot forward, hold, 3 small "running" steps forward right, left, right, hold
- 9-16 Stomp left foot forward, hold, stomp right foot forward, hold, 3 small "running" steps forward left, right, left, hold

**Style note: during "running" steps, dip the knees slightly and turn them inwards with each step. Hips will rock side to side**

## TURNING TOE STRUTS MAKING ½ TURN RIGHT

- 17-20 Cross right toe over left foot, lower heel to floor, turn ¼ right stepping left toe back, lower left heel to floor
- 21-24 Turn ¼ right stepping right toe forward, lower right heel to floor, step left toe next to right foot, lower left heel to floor

## LEFT HEEL AND TOE SWIVELS, KNEE AND HIP SWINGS

- 25-28 Swivel left heel to left, swivel left toe to left, swivel left heel to left, swivel left toe to left
- 29-32 Raise right heel and using right toe as lever swing both knees left, right left, right, pushing hips from side to side "Elvis style" (weight remains on left foot throughout)

## RIGHT GRAPEVINE, FULL ROLLING TURN LEFT

- 33-36 Step right to right, step left behind right, step right to right, touch left next to right
- 37-40 Step left ¼ turn left, on ball of left make ½ turn left stepping back right on ball of right make ¼ turn left stepping left to left, touch right next to left

## RIGHT SHUFFLE FORWARD, STEP PIVOT ½ TURN RIGHT, CHASSE LEFT, ROCK BACK

- 41&42 Step forward on right, close left to right, step forward on right
- 43-44 Step forward on left, pivot ½ turn right
- 45&46 Step left foot to left, close right to left, step left to left
- 47-48 Rock back onto right foot, recover weight forward onto left

## RIGHT SHUFFLE FORWARD, STEP PIVOT ½ TURN RIGHT, CHASSE LEFT, ROCK BACK

- 49-56 Repeat steps 41-48

## RIGHT SUGAR FOOT, KICK RIGHT FORWARD TWICE, JAZZ BOX TURNING ¼ RIGHT

- 57-60 Touch right toe to left instep, touch right heel to left instep, kick right foot forward twice
- 61-64 Cross right foot over left, step back on left, turn ¼ right stepping right to right. Close left to right

## REPEAT

## TAG

After 3 complete repetitions (end of 3rd wall) repeat steps 33-64 and then go back to the beginning and continue as normal to end of dance. This also applies when using the alternative music suggestion.