

J & S Strut

Count: 48

Wand: 4

Ebene: Improver

Choreograf/in: Lyn Abbott (UK)

Musik: Unknown



JAZZ BOX WITH ¼ TURN RIGHT TWICE

- 1-4 Cross right over left, step back left, step right to right side with ¼ turn right, step left beside right
- 5-8 Cross right over left, step back left, step right to right side with ¼ turn right, step left beside right (to face back wall)

TOE STRUTS RIGHT, SHUFFLE RIGHT AND ROCK STEP

- 1-4 Step right toe to right side, drop right heel down, cross left toe over right, drop left heel down
- 5&6 Step right to right side, close left beside right, step right to right side
- 7-8 Step left back and rock back, recover weight on right

STOMP AND CLAP TWICE, GRAPEVINE LEFT AND HOOK

- 1-4 Stomp left beside right, clap, stomp left beside right, clap,
- 5-6 Step left to left side, cross right behind left
- 7-8 Step left to left side, hook right behind left and slap with left hand

TOE STRUTS RIGHT, HEEL SWIVELS

- 1-4 Step right toe to right side, drop right heel down, cross left toe over right, drop left heel down
- 5-8 Swivel heels right, swivel toes right, swivel heels right, swivel toes right making ¼ turn right
- Weight on left foot**

TOE STRUTS FORWARD, SHUFFLE FORWARD, PIVOT ½ TURN RIGHT

- 1-4 Step right toe forward, drop right heel down, step left toe forward, drop left heel down
- 5&6 Step forward right, step left beside right, step forward right
- 7-8 Step forward left, pivot ½ turn right

TOE STRUTS FORWARD, SHUFFLE FORWARD, RIGHT KICK TWICE

- 1-4 Step left toe forward, drop left heel down, step right toe forward, drop right heel down
- 5&6 Step forward left, step right beside left, step forward left
- 7-8 Kick right foot forward twice

REPEAT
