It's Ma! Cowboy



Count: 32 Wand: 0 Ebene:

Choreograf/in: Maggie Gallagher (UK) & Alan Birchall (UK)

Musik: Rhinestone Cowboy - Rikki & Daz



On The Word 'Cowboy' After DJ Intro Count 48 or 30 Seconds

OPTIONAL INTRO

Start when main beat kicks in - (count 8 or 8 seconds)

Clap hands with partner your right to their right (diagonal) 1&2 Clap hands with partner, your left to their left (diagonal) 3&4

5&6 Clap hands on knees (your own!)

Repeat this section to main lyrics (8 times)

JUMP FORWARD, CLAP, 1/4 SIDE SHUFFLE, SIDE SHUFFLE, 1/4 SIDE SHUFFLE

&1-2 Jump forward landing right, left, clap hands with partner (opposite)

3&4 Step left to left, right by left, left to left making 1/4 turn left (advancing along the line -facing

9:00)

Step right to right, left by right, step right to right (through the line) 5&6

Step left to left making 1/4 turn left, step right by left, step left to left (you should now be on the 7&8

opposite line - facing a different partner 6:00)

JUMP FORWARD, CLAP, SIDE, BEHIND, ROCK, RECOVER, BEHIND, SIDE, FORWARD

&9-10 Jump forward landing right, left, clap hands with partner

11-12 Step left to left, cross right behind 13-14 Rock left to left, recover on right 15& Step left behind right, step right to right

16 Step forward on left

You should be facing a gap between the people opposite alternative for steps 13-16: right & left heel jacks starting on count &13

STEP IN PLACE, STEP ½ PIVOT, STEP ½ PIVOT, HEEL SWITCH'S, HEEL HITCH

17-18 Step forward on right, ½ pivot left 19-20 Step forward on right, ½ pivot left 21& Touch right heel forward, step right by left 22& Touch left heel forward, step left by right

Touch right heel forward, hitch right over left knee 24 Touch right heel forward (clap) - or clap hands twice or both!

COASTER STEP, LEFT SHUFFLE FORWARD, ½ SHUFFLE TURN, COASTER STEP

25&26 Step back on right, step left by right, step forward on right

27&28 Step forward on left, step right by left, step forward on left (link left arm with your original

partner)

29&30 Making ½ shuffle turn left stepping right, left, right 31&32 Step back on left, step right by left, step forward on left

You should now be in your original staring position facing your original partner

REPEAT

23&

You will finish the dance on steps &1-2 (jump forward, clap hands)

PROGRESSIVE CONTRA LINE VERSION:

Replaces steps 27&28, 29&30 with forward shuffles, then 31&32 slight diagonal forward shuffle left. The front & back rows should replace steps 31&32 with ½ shuffle turn right (backwards) so they travel back up the line!

