

Jumping Jack

Count: 58

Wand: 4

Ebene: Intermediate

Choreograf/in: Achim Daß (DE) & Anke Daß (DE)

Musik: Better Things to Do - Terri Clark



JUMP, CROSS, ½ TURN, BODY ROLL

- 1 Jump shoulder wide apart
- 2 Cross jump left foot over right foot
- 3 Jump shoulder wide apart
- 4 Cross jump right foot over left foot
- 5 ½ turn right
- 6 Hold
- 7-12 Repeat 1-6
- 13-16 Body roll

SAILOR STEP, JAZZ BOX WITH ¼ TURN, JUMP

- 1&2 Cross left foot over right foot, right foot to right, left heel in front
- 3&4 Cross right foot over left foot, left foot to left, right heel in front
- 5-8 Jazz box with ¼ turn right end with a little jump forward

End with weight on both feet

APPLEJACKS, KICK TWICE

- 1-8 Applejacks
- 9 Kick right foot forward
- 10 Kick right foot forward

Option:

- 1-8 Swivel and heel splits

MAMBO STEPS

- 1&2 Right foot to right, weight to left foot, right foot over left foot
- 3&4 Left foot to left, weight to right foot, left foot over right foot
- 5-8 Repeat 1-4

TOE TAPS, HEEL TAPS

- 1-2 Two right toe taps to right
- 3-4 Two left toe taps to left
- 5 Right toe tap to right
- 6 Left toe tap to left
- 7-8 Two right heel taps forward

CROSS, UNWIND TURN ¾, STEP WITH ¼ TURN, SLIDE, STOMP TWICE

- 1 Cross right foot behind left foot
- 2-3 ¾ turn right
- 4 Long step to left with ¼ turn left
- 5-7 Slide right foot next to left foot
- &8 Stomp right foot twice

REPEAT
