

# Jump Up!

Count: 48

Wand: 4

Ebene: Intermediate

Choreograf/in: Lauren Peacock (AUS)

Musik: Jump Up - Da Beat Bros.



**Starts after the words" Mr. C". Count 5,6,7,8, then start.**

- 1-2            Jump both feet to the right, then left  
&              Quickly hook right foot in front & down low on shin of left leg  
3&4           Right shuffle forward  
5&6           Step forward left, pivot ½ turn right, step forward left  
7&8           Shuffle forward on right
- 1&2&3        Three running men  
&4            Twist both heels to the left  
5&6           Two paddle turns turning ¼ turn left each one  
&7&8        One paddle turn turning a further turn to the left, tap right foot out to side
- 1&2           Kick right out in front, replace & touch left to left side  
3&4           Kick left out in front, replace & touch, step foot out to side  
5-6           Stomp right forward, clap x 1  
&7&8        Step left up beside right, step right forward, 2 claps
- 1&2           Left coaster forward  
3&4           Right coaster back  
5-6           Step left forward and ½ turn to the right, weight onto right  
7&           Step left forward, ½ turn hitching the right & clap  
8&           Step right ½ turn, hitching the left & clap (completing 1 full turn)
- 1-2&3&4      Sync vine to the left place left heel out at 45 degrees  
5-6&7&8      Sync vine to the left place right heel out to 45 degrees  
1-2           Step left forward, turn ½ turn to right  
3&4           Turning triple step...completing 1 full turn to right, moving slightly forward  
5-6           Two walks right-left  
&7&8        Two backstreet boy steps (jump both feet apart, body facing 45 degrees left, jump feet together, jump both feet apart, body facing 45 degrees right, jump feet together)

**REPEAT**

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