&



Count: 48 Wand: 4 Ebene: Intermediate / Advanced west

coast swing

Choreograf/in: Michele Perron (CAN)

Musik: Juicy - Better Than Ezra

Left step beside right



Sequence: 48, 48, 16, 48, plus 8 count insert, 48, 48, 48, 16, 16, 16, begin last rotation

WALK, WALK, TURN/SIDE-ACROSS-TURN/BACK; SIDE, DRAG, SIDE, DRAG, STEP				
1-2	Right step forward; left step forward			
3&4	Right triple with ½ turn left (execute ¼ turn left with right step side right, left step across front			
	of right execute ¼ turn left, right step back) (6:00)			
5-6	Left (large) step side left; right slide toward left and touch beside left			
7-8	Right (large) step side right; left slide toward right and touch beside right			

WALK, WALK, TURN/SIDE-ACROSS-TURN/BACK; FORWARD, DRAG, BACK, DRAG

1-2	Right step forward; left step forward
3&4	Right triple with $\frac{3}{4}$ turn left ($\frac{1}{4}$ turn left with right step side right, left step across front of right, $\frac{1}{2}$ turn left with right step back) (9:00)
5-6	Left (large) step forward; right slide forward to left and touch beside left
7-8	Right (large) step back; left slide back to right and touch beside right

TRIPLE FORWARD, ROCK-&-TURN, TOUCH-TURN-TOUCH, TURN/SIDE-TOGETHER-SIDE

1&2	Left triple forward (left step forward, right lock/step forward & crossed behind left, left step forward)
3&4	Right rock/step forward, left recover/step back, execute ½ turn right with right step forward (3:00)
5&6	Left touch forward; execute ½ turn right on right step forward; left touch forward (9:00)
7&8	Execute ¼ turn left with left step side left, right step beside left, left step side left (6:00)

KICK-STEP-ACROSS. SIDE/ROCK-RECOVER-BEHIND-TURN/FORWARD: REPEAT

I CIOI CO I EI	MONOTE MONOGO, CIDEMOCK NECOVER BEHIND TOWN ON MICE. NEL		
1&2	Right kick forward, right step behind left heel, left step across front of right		
&3	Right rock/step side right; left recover/step left side		
&-4	Right step crossed behind left; execute 1/4 turn left with left step forward (3:00)		
5&6	Right kick forward, right step behind left heel, left step across front of right		
&7	Right rock/step side right; left recover/step left side		
88	Right step crossed behind left; execute 1/4 turn left with left step forward (12:00)		

"JUICY" TRIPLE FORWARD: SCUFF-HITCH-BACK 'FUNKY' KNEE: IN-OUT-IN-OUT-IN TURN

30101	71 TRIPLE FORWARD, SCOFF-HITCH-BACK, FOINT KINEE. IN-OUT-IN-OUT-IN, TORN		
1&2	Right triple forward (right step forward, left lock/step forward & crossed behind right, right step forward)		
3	Left scuff forward		
&	Left hitch knee up		
4	Left (large) step back (into 'sit' position)		
5	Press right toe/ball forward & twist right knee in (to the left)		
&	Right knee out (to the right)		
6	Right knee in (to the left)		
&	Right knee out (to the right)		
7	Right knee in (to the left)		
8	Execute ¼ turn left (weight on right, right knee remains in, left leg is straight) (9:00)		

Right knee is bent on counts 4,5,6,7,8. Weight remains on left for counts 4,5,6,7

"JUICY" SIDE, BEHIND-SIDE-SIDE-BEHIND-TURN-SIDE; TURN/BUMP-&-BUMP, BUMP & BUMP

1	l eft sten	side left (nress	off right toe/hall	shift weight to left)

2 Right step crossed behind left

& Left rock/step side left3 Right recover/step side

& Left step crossed behind right

4 Execute ¼ turn left and right rock/step side right (6:00)

& Left recover/step side left

5 Execute ¼ turn left with right step side right with hip bump (3:00)

&6 Bump hips to center, to right
7 Left step side left & hip bump
&8 Bump hips to center, to left

REPEAT

TAG

After Second Rotation: "Extra Juice" Repeat Sections V & VI (16 Counts)

During Third Rotation: "Extra Juice" Bridge between Sec.V & VI: Shift weight side LEFT on '&' Count, after

Count 8 of Sec.V and repeat Sec.V (8 Counts)
Fourth & Fifth Rotations: 48 Counts each

After Sixth Rotation: "Extra Juice" Repeat Sections V & VI three times (16 Counts 3 times), then begin dance

Dance will end facing front wall, after LEFT Triple forward of Sec.III. Strike a pose with a RIGHT Lunge

forward