

# Juanita

Count: 0

Wand: 0

Ebene:

Choreograf/in: Mark Hood (UK) & Douglas Semple (UK)

Musik: Juanita (Red) - Shania Twain



Sequence: A B C A B C A TAG A C

## PART A

### ¼ TURNS WITH HIPS TWICE ROCK RECOVER COASTER STEP

- 1-4 Step right forward bump hips turning to the right a ¼ turn left, repeat  
5-8 Rock right forward recover weight on left, step right back & step left beside right step right forward

### ¼ TURNS WITH HIPS TWICE ROCK RECOVER COASTER STEP

- 9-16 Repeat 1-8 on left

### STEP LOCK SYNCOPATED LOCKS SNAP ½ TURN RAISE RECOVER STEP SHUFFLE

- 17-20 Step right forward lock left behind right, step right forward & lock left behind right, step right forward touch left behind right  
&21-24& Step left forward with ½ turn (snap turn) right, raise the right just of the floor replace right step left forward shuffle right forward

### HIP ROCKS SAILOR CROSSES TWICE

- 25-28 Rock left to the left with hips recover on the right step left behind right step right the right cross left over right  
29-32 Repeat on right

## PART B

### ¼ TURNS WITH HIPS TWICE, FORWARD HIP ROCK RECOVER COASTER STEP

- 1-4 Step left forward bump hips turning to the left a ¼ turn right, repeat  
5-8 Rock left forward rolling hips forward rolling hips back recover on right, step left back step right beside left step left forward

### FORWARD HIP ROCK RECOVER COASTER STEP TWICE

- 9-16 Repeat 5-8 of Part B right then left

### STEP LOCK STEP TOUCH

- 17-20 Step right forward lock left behind right step right forward touch left beside right

## PART C

### PADDLE FULL TURN CROSS SIDE KICK SIDE STEP

- 1&2&3&4& Make a ¼ turn the right rocking left to the side recover weight on right repeat three more time  
5&6 Cross left over right step right to the right kick left diagonally forward  
7&8 Step left to the left step right over left step left to the left

### PADDLE FULL TURN CROSS SIDE KICK ¼ TURN STEP, STEP ½ PIVOT

- 9&10&11&12& Make a ¼ turn the left touching right to the side repeat three more time  
13&14 Cross right over left step left to the left make a ¼ turn kicking right forward  
15&16 Step right forward step left forward pivot ½ turn (weight ends on left)

### MAMBO BACK SHUFFLE LOCK FORWARD, FORWARD MAMBO ½ TURN ½ TURN SHUFFLE BACK

- 17&18 Rock right back recover on left step right beside left  
19&20 Step left forward lock right behind left step left forward

- 21&22            Rock right forward recover on left starting ½ right step right forward finishing ½  
23&24            Make a ½ turn stepping back on left step right beside left step left back

### **STEP BACK TOUCH STEP FORWARD TOUCH MAMBO CROSS SIDE ROCK RECOVER**

- 25-26            Step right back touch left beside right (opt head looks right left finger as to say I'm not looking)  
27-28            Step left forward touch right beside left  
29&30            Rock right to the right recover on the left step right over left  
31-32            Rock left to the left recover on the right

### **¾ TURN ON A CROSS BALL STEP 1¼ TURN MOVING FORWARD ROCK RECOVER SIDE SAILOR CROSS**

- 33&34            Step left over right turn ¼ turn to the right step right back with ¼ turn to the right step left forward with ¼ turn to the right  
35&36            Traveling forward make a 1 ¼ turn to the left stepping right left right  
27&38            Rock left back recover on right long step left to the left  
39&40            Step right behind left step left to the left cross right over left

### **HIP ROCK RECOVER SAILOR CROSS HIP ROCKS**

- 41-42            Rock left to the left with hip bump left recover on right with hip bump right  
43&44            Step left behind right step right to the right step left over right  
45-46            Rock right forward bumping hips forward recover on left bumping hips back  
47-48            Rock right back bumping hips back recover on left bumping hips forward

### **STEP PIVOT ½ SHUFFLE ¾ SWAYS**

- 49-50            Step right forward pivot ½ turn left  
51&52            Step right forward turning ½ turn right make ¼ turn step left to the left step right behind left  
53-54            Step left to the left swaying hips to the left sway hips to the right  
55&56            Sway hips to the left right left (weight on left)

### **TAG**

#### **¼ TURNS WITH HIPS**

- 1-2              Step left forward making ¼ bumping hips left right  
3&4              Step left forward making ¼ bumping hips left right left
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