

Jingle Bell Rock

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Bryan McWherter (USA)

Musik: Jingle Bell Rock - Billy Gilman



KICK, TOE, HEEL, KICK, TOE, HEEL, TOUCH, SCOOT

- 1-3 Kick right foot forward, touch right toe forward, step down onto right heel
4-6 Kick left foot forward, touch left toe forward, step down onto left heel
7&8 Touch ball right to floor behind left heel, lift right foot up and scoot back slightly with left foot, step back with right foot

SHUFFLE ¾, ROCK, RECOVER, CROSS SHUFFLE, ROCK, RECOVER

- 1&2 Shuffle back left, right, left making a ¾ turn left
3-4 Rock right out to right side, recover weight back left
5&6 Cross shuffle right over left, (right, left, right)
7-8 Rock left foot out to left side, recover weight back right

CROSS ROCK, RECOVER, ROCK, RECOVER, SHUFFLE, STOMP, TURN

- 1-2 Cross rock left over right, recover weight back to right
3-4 Rock left back at a 45 degree angle, recover weight back to right
5&6 Shuffle forward at 45 degree angle left, right, left
7-8 Stomp right foot next to left, on the balls of both feet make a 1/8 turn to your left this should square yourself to your left wall

At this point you should be facing ¼ right of line of dance

OUT, OUT, IN, IN, JAZZ BOX

- &1-2 Step right foot out to right side, step left foot out to left side, hold
&3-4 Step right foot in, step left foot in next to right, hold
5-6 Cross step right foot over left, step left foot back
7-8 Step right foot out to right, step left foot next to right

REPEAT
