

# Jiggy Mama

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Caroline Pashley (JER)

Musik: Loaded - Ricky Martin



## BOOGIE WALKS X 3, HOLD, HEEL SWIVELS ¼ TURN LEFT, HOLD

- 1-2 Step right forward swiveling right on balls of feet, step left forward swiveling left on balls of feet
- 3-4 Step right forward swiveling right on balls of feet, hold
- 5-6 Swivel heels right, left
- 7-8 Swivel heels right making ¼ turn left, hold

## ROCK FORWARD, RECOVER, ½ TURN STEP FORWARD, FLICK, ½ TURN STEP BACK, KICK, ½ TURN STEP FORWARD FLICK

- 9-10 Rock right forward, recover weight to left
- 11-12 On ball of left ½ turn right, stepping forward right, flick left foot back (click fingers just above shoulder level)
- 13-14 On ball of right ½ turn right, stepping back left, kick right foot forward (click fingers swinging arms across chest)
- 15-16 On ball of left ½ turn right, stepping forward right, flick left foot back (click fingers swinging arms out to side just below shoulder level)

## ROCK FORWARD, RECOVER, STEP FORWARD, FLICK, ROCK FORWARD, RECOVER, STEP FORWARD, HOOK

- 17-18 Facing right diagonal rock left forward, recover weight to right
- 19-20 Step left forward, flick right foot back pivoting on ball of left to face left diagonal
- 21-22 Rock right forward, recover weight to left
- 23-24 Step right forward, hook left foot behind right leg

## STEP BACK, RONDE, STEP BACK, RONDE, COASTER STEP, HOLD

- 25-26 Step left back facing center, sweep right from front to back
- 27-28 Step right back, sweep left from front to back
- 29-30 Step left back, step back right
- 31-32 Step left forward, hold

## STEP SIDE, TOGETHER, STEP SIDE, TOUCH, TOUCH SIDE, HIP ROLLS TWICE, LUNGE

- 33-34 Step right to right side, step left together
- 35-36 Step right to right side, touch left next to right foot
- 37-38 Touch left to left side circling hips left
- 39-40 Circle hips left finishing with weight on left foot in lunge position

## JAZZ BOX ¼ TURN KICK, STEP KICK TWICE

- 41-42 Step right across left, step back left
- 43-44 Make ¼ turn right stepping forward right, kick left foot forward
- 45-46 Step left in place, kick right foot forward
- 47-48 Step right in place, kick left foot forward

**Make steps 45-48 light & bouncy**

## CROSS, STEP BACK ¾ PIVOT TURN, STEP FORWARD, HOLD, HIPS X 3, HOLD

- 49-50 Step left across right, step back right making ¾ turn left on ball of right foot
- 51-52 Step left forward, hold
- 53-54 Step right to right side bumping hips right, left

55-56 Bump hip right, hold

**STEP BACK, ½ TURN STEP FORWARD, STEP FORWARD, HOLD, JUMP FORWARD, SHIMMY/SHAKE DOWN & UP, HOLD**

57-58 Step left back, on ball of left ½ turn right, stepping right forward

59-60 Step left forward, hold

&61-62 Jump right forward left together shimmy/shake shoulders to hips bending knees down

63-64 Shake/shimmy hips to shoulders coming up, hold

**REPEAT**

**RESTART**

**On wall 9, dance steps 1-46**

47-48 Step right to right side, hold

**Restart dance from the beginning**

**FINISH**

**On final wall after step 64. Step right to the right side throwing arms above your head. You will be facing 12:00 wall.**

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