

Jenny's Swing

Count: 40

Wand: 1

Ebene:

Choreograf/in: Jennifer Capper

Musik: Lipstick Promises - The Cheap Seats



Jennifer was age 9 when she choreographed this dance.

left VINE, KICK-BALL-TOUCH, KICK-BALL-TOUCH.

- 1 Step left foot to left side
- 2 Cross right foot behind left
- 3 Step left foot to left side
- 4 Touch right in place next to left
- 5 Kick right foot forward
- & Step down on ball of right foot
- 6 Touch left toe to left side
- 7 Kick left foot forward
- & Step down on ball of left foot
- 8 Touch right toe to right side

STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, CROSS, UNWIND ½

- 9 Step forward on right foot, in front of left
- 10 Touch left to left side
- 11 Step forward on left foot, in front of right
- 12 Touch left to right side
- 13 Step forward on right foot, in front of left
- 14 Touch left to left side
- 15 Step left foot across in front of right
- 16 Unwind ½ turn right

KICK-BALL-CHANGE, SWAY RIGHT, SWAY LEFT, KICK BALL CHANGE

- 17 Kick right foot forward
- & Step down on ball of right foot
- 18 Step down on left foot
- 19 Step right foot to right side, swaying body right
- 20 Sway body back to center
- 21 Sway out to left
- 22 Sway back to center (ending with weight on right foot)
- 23 Kick left foot forward
- & Step down on ball of left foot
- 24 Step right foot in place

LEFT VINE WITH ¼ TURN, JAZZ BOX, STOMP/CLAP

- 25 Step left to left side
- 26 Cross right behind left
- 27 Step left to left side, making ¼ turn left
- 28-29 Swing right foot right across in front of left
- 30 Step back on left
- 31 Step right foot to the right side
- 32 Stomp left foot forward, clap

HEEL AND TOE SWIVELS, ¼ TURN/ TOUCH, BACK, SLIDE, TOGETHER, CLAP

- 33 Keeping weight on toes, swivel both heels left
- 34 Keeping weight on both heels, swivel toes left
- 35 Keeping weight on toes, swivel both heels left
- 36 Weight on left heel turn $\frac{1}{4}$ turn left, touching right toe in place
- 37 Step back on right foot
- 38-39 Slide left up to right
- 40 Clap

REPEAT
