

The J.D. Rock

Count: 56

Wand: 4

Ebene: Improver

Choreograf/in: Carl Edwards (UK)

Musik: I Want Your Love - Atomic Kitten



-
- 1 Rock right foot diagonally forward (pulling both fists back like thrust)
2 Recover onto left foot
3 Rock right foot diagonally back (placing hands forward in "stop" position)
4 Recover onto left foot
5&6 Right forward shuffle
7 Step left foot forward
8 Pivot $\frac{1}{2}$ turn over right shoulder
- 9-16 Repeat 1-8, this time leading with your left foot
- 1-2 Cross rock right foot over left, recover onto left foot
3&4 Right side shuffle/chasse (right-left-right)
5-6 Cross rock left foot over right, recover onto right foot
7&8 Left side shuffle /chasse (left-right-left)
- 1-2 Rock forward on right foot, recover onto left foot
3&4 Right shuffle making $\frac{1}{2}$ turn over right shoulder
5-6 Rock forward on left foot, recover onto right foot
7-8 Step back on left foot, hook right in front of left and click fingers
- 1&2 Right forward shuffle
3&4 Left forward shuffle
5-6 Step right forward, pivot $\frac{1}{4}$ turn over left shoulder
7-8 Step right forward, pivot $\frac{1}{4}$ turn over left shoulder
- 1-2 Cross right over left, step back on left foot
&3-4 Step right to side, cross left over right, point right to side
5-8 Step right forward and shimmy shoulder forward for 2 counts and back for two counts.
Alternatively you can do a 4-count body roll!
- 1-2 Step right foot forward, pivot $\frac{1}{4}$ turn over left shoulder
3-4 Step right foot forward, pivot $\frac{1}{2}$ turn over left shoulder
5&6 Rock right to right side, recover onto left, cross right over left
7&8 Rock left to left side, recover onto right, cross left over right

REPEAT
