

# Young And Restless

**COPPERKNOB**  
STEPSHEETS

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: DJ Dan (NL) & Wynette Miller (NL)

Musik: The Best Years of Our Lives - Rodney Crowell



## ROCK STEP & WALK, WALK; SHUFFLE FORWARD, STEP-½ PIVOT TURN

- 1-2 Rock right forward, recover weight onto left  
& Step on ball of right next to left  
3-4 Step left forward, step right forward  
5&6 Shuffle forward stepping left, right, left  
7-8 Step right forward, pivot ½ turn left (6:00)

## SIDE ROCK & CROSS, ¼ TURN; SHUFFLE BACK, BACK ROCK

- 1-2 Rock right to right side, recover weight onto left  
& Step on ball of right next to left  
3-4 Cross left over right, make ¼ turn left step right back (3:00)  
5&6 Shuffle back stepping left, right, left  
7-8 Rock right back, recover weight onto left

## HEEL-BALL-CROSS, CHASSE; BACK ROCK, HEEL-BALL-CROSS

- 1&2 Touch right heel forward, step on ball of right next to left, cross left over right  
3&4 Step right to right side, step left next to right, step right to right side  
5-6 Rock left back, recover weight onto right  
7&8 Touch left heel forward, step on ball of left next to right, cross right over left

## CHASSE, BACK ROCK; 2X STEP - ¼ PIVOT TURN

- 1&2 Step left to left side, step right next to left, step left to left side  
3-4 Rock right back, recover weight onto left  
5-6 Step right forward, pivot ¼ turn left (12:00)  
7-8 Step right forward, pivot ¼ turn left (9:00)

**REPEAT**

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