

You Don't Need To Knock

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Pete Cranwell (UK) & John Sharman (UK)

Musik: You Don't Need To Knock - Speed Limit



WALK, WALK, KICK, KICK

1-4 Step forward on right, step forward on left, kick right foot forward twice

BACK, BACK, KICK, KICK

5-8 Step back on right foot, step back slightly on left foot, kick right foot forward twice. (for effect lean back slightly when kicking)

ROCK, RECOVER, CROSS STRUT

9-10 Rock to the right on right foot, recover to the left on left foot

11-12 Cross right over left stepping weight on right heel, toe down

SIDE, BEHIND, TURN STRUT

13-14 Step on left to left side, step on right behind left

15-16 Make a quarter turn left strutting forward on left heel, toe down

STEP, TURN, RIGHT STRUT

17-20 Step forward on right, pivot a half turn left, strut forward on right heel, toe down

STEP, TURN, LEFT STRUT

21-24 Step forward on left, pivot a quarter turn right, strut forward on left heel, toe down

HEEL, HOLD, TOE, HOLD

25-28 Touch right heel forward, hold for one beat, touch right toe back, hold for one beat

STEP, TOGETHER, STEP, TOGETHER

29-32 Step forward on right, step on left beside right, step forward on right, step on left beside right

REPEAT

TAG

Danced after the 4th wall only

1-4 Rock forward on right, recover on left, make a half turn right and strut forward on right heel, toe down

5-8 Rock forward on left, recover on right, make a quarter turn left and strut forward on left heel, toe down

9-12 Step forward on right, pivot a half turn left, strut forward on right heel, toe down

13-16 Step forward on left, make a quarter turn right, strut forward on left heel, toe down
